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Ken Gerhardt's Comments

Spring is in the air! I'm looking forward to warmer temperatures that will allow our fairways and rough to green up and start growing. The first quarter for golf has been a strong one. For most of the first quarter, weather was fantastic. Yes we had some chilly days, but in general it was a pleasant winter.

We mowed the fairways and tee complexes in March. I think this is a first since opening.

Bunkers

Josh and his team continue to work on bunkers. I was able to sneak out and play the front nine yesterday. Yep, you read that correctly. I played from the executive par three tees and shot a 35. I was thrilled with my score for not playing since February 9th. My drives on holes one and two were horrible but finished both holes with bogeys. Before you ask, yes, I did have approval from my doctor to try and play if my body was up to it. The reason I'm sharing this is that I was extremely pleased with all the bunkers on the front nine.

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Ken Gerhardt's Comments (continued from page 1)

Poa

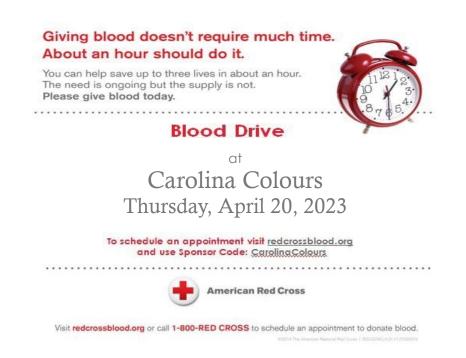
We have areas in our rough that have Poa. We are aware of this and normally would have sprayed by the third week in March to kill it. With the cooler temperatures and possible rain, we elected not to spray product that might not work under those conditions. Josh plans on spraying it all out in April.

Membership

Our membership continues to climb. We are currently at 138 which is a net gain of 7 new members for the first quarter. Hopefully this trend will continue throughout the remainder of 2023 and into 2024.

I want to thank all of you for your continued support as I work to get my heath back. I'm getting stronger every day. Please note, if you see me helping the team out by bussing tables or jumping behind the bar, it's ok, I promise. I won't over do it and if I happen to push myself too much, it makes me sleep long hours. Three weeks ago, I over did it and slept for 20 hours straight.

Your thoughts, prayers, and daily support mean the world to me. I couldn't ask for a better place to be and have the honor of working each day.



News from the Pro by Jim Ferree, PGA



First and foremost, thanks to everyone for the warm welcome I received upon arrival here at Carolina Colours. Both Ken's, fellow employees and all the members made Colours feel like home instantly. The Pro Shop staff have been great at teaching me the new (to me) point of sale system and after three weeks, are actually comfortable leaving me alone in the Pro Shop

without adult supervision. Getting proficient with the Golf Genius Tournament Management System will be the next objective, so your patience is appreciated.

A special congratulations goes out to Jim Hallenbeck and Barry Harris for their notable golfing achievements this March. Jim got not one, not two, but 3 poleys during the MGA event on March 1st and Barry canned his tee shot on our par three 12th on March 9th. Well done gentlemen!!



I'm excited about being a part of this wonderful facility and eager to contribute to its success and the enjoyment of its members. I welcome suggestions/ideas any of our golfers might have. Feel free to share concerns directly with us or one of your representatives on the Golf Advisory Board. The more our golf staff knows, the better we can serve.

March Tournaments

This month, we were very lucky to have 2 great member tournaments. The Dice Game and Couples Event were both well attended and very competitive. Mother nature was kind enough to take it easy on the tournament committee and gave them 2 days with great weather conditions. Jokes aside, I would like to give the tournament committee some recognition as they have put in a lot of hard work to execute these events. We hope to continue to find more ways to make these events even better.

Congratulations to **Tamara Paquee**, **Greg Reinecke**, **Kim Reinecke**, and **Amy Trainor** for taking first place in the 2023 Dice Game!!

Congratulations to **Mike Hansen** and **Sarah Metzbower** for winning the Blind Draw Couples Event!!



PRIDE Report by Peter Mnatzakanian, Team Leader

March officially opens our PRIDE Season. Thank you to all who have volunteered to support our Monday Maintenance Program. Just a reminder that our Pride is Monday's from 7:30 to 9:00 am.

Our 2023 Season officially opened with our PRIDE breakfast sponsored by Carolina Colours and, of course, prepared by our Chef Jonathan and his team. We had almost 40 people represented and a very short program.

We have several new folks who have agreed to step up:

Mike & Margie Hansen (Hole #10)

Dave Barnett (1 of our PRIDE team leaders from the past) Hole #7

John Belskis (Hole # 6)

Anthony Gaita (Hole #5)

Cindy Teasdale (Hole #12/Garden)

Jeff Seidman (Hole #7)

Tom Black (Hole#16)

The Greens were punched and may not need as much work, but our fairways and tees will thank us when you are done. If you are unavailable, kindly let me know so we can get some alternates on it.

Again, my many thanks to you all.

2023 Schedule of Events *

DATE	TOURNAMENT	START TIMES
April 8 or 9	Play with a Masters Pro	Tee Times
April 23	Texas Scramble Couples Event	2 pm Shotgun

^{*}Does not include outside tournaments



Play with a Masters Pro



Saturday OR Sunday, APril 8th-9th

> \$5 Entry Fee

How it Works:

- 1. Make your own tee time for Saturday OR Sunday (Due to Easter Sunday conflicts)
- 2. Check into Pro Shop & draw a Pro's name
- 3. Play your normal round no gimmes!
- 4. Turn in your scorecard Pro shop will add your net 18 hole score with the Pro's 18 hole score on Sunday for a final 36 hole score.



TEXAS SCRAMBLE COUPLES EVENT: APRIL 23RD NINE HOLES | 2:00 PM SHOTGUN



SHINE YOUR SAND WEDGES, GRAB YOUR PARTNER, AND SIGN UP ON LINE!

Format: 2-person Couple Teams
Select the best drive, then each player plays their ball in until holed, for total of two scores per hole.
Handicapped - No flights



June 26, 2023

The New Bern Cup

The New Bern Cup, involves competition between teams from the 6 area clubs in New Bern. This inaugural team event will be hosted here at Carolina Colours. Genesis of New Bern is the Title Sponsor. Carolina Colours needs to field a team consisting of 8 men, 4 women, our club pro and 2 alternates. The entry fee is \$40 for Carolina Colours members, plus applicable cart plan status, includes the range, cash prizes, a practice round and post round BBQ.



If your USGA handicap index is 12.0 or less (men) and 24.0 or less (women) as of May 1, 2023, you should sign up on the sign up sheet on the board in the Pro Shop, so we can start putting the team together.

As the host club, we have an opportunity to go "all out" to make a great impression on the other clubs. To do that, we will need a team of volunteers to help make this a success. Volunteers will be given a unique logo event golf shirt and hat to wear while they are assisting. If you would like to assist that day, please let Jim Ferree or Johnny Belski know.

In all likelihood, we may need to hold a qualifying round during the month of May to finalize the team roster. In the meantime, if you have any questions, contact the Pro Shop.

What will it take to win the New Bern Cup? The club with the lowest total net team score.

Help us take home the cup!

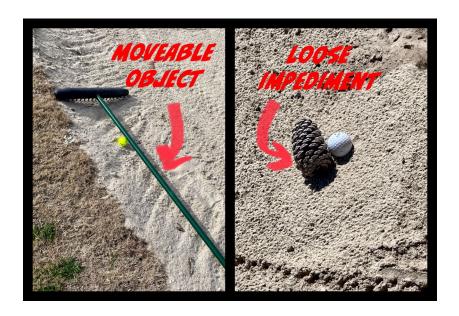
Par for the Course by Peter Eckle

Do you know the difference between a loose impediment and a moveable object and how you should proceed with each to correctly apply the rules? It seems like there shouldn't be any difference, but there is.

A movable object is something man-made, while a loose impediment is something natural. So what, you say. How you handle each can make a big difference.

With a moveable object, you want to mark your ball before you try to move the rake. If the ball moves, you can replace it in its original spot, no penalty. Don't make the mistake of playing the ball from where it came to rest or it's a 2 stroke penalty for playing from the wrong place. Ouch.

With a loose impediment, you must be careful not to move the ball if you try to remove the loose impediment (such as a pine cone). If the ball moves, you must replace it and it's a 1 stroke penalty. Seems unfair, but those are the rules. Moveable object vs loose impediment



Terri's Tips!

Lower Your Scores in April With the 'L to L'

For all the golfer's who have been playing for a while and have experience on the golf course, let's lower the scores!

I stress often how important the short game is. Most of my students are not comfortable hitting a shot that doesn't require a full swing.

It's because they are not aware of how to make this happen.

I have a shot I teach to my students – it's call the L to L shot.

All this requires is an awareness of how your hands and wrist are moving on a 'half swing going back' and a 'half swing going forward.'

Set up with a pitching wedge, or sand wedge, as you normally do. On the take away, you will hinge your wrist up right away, trying to keep your left arm as straight as possible. This will form a letter 'L.' Once that is formed, you stop. On the way down as you go into your follow through you will do the same. Once you are forming the 'L' you will stop. This shot should go anywhere from 30 to 70 yards with your sand wedge and your pitching wedge.





Any questions, just email me at carolinaschoolofgolf@gmail.com

Military Day!



Active military & all first responders may play
Monday through Thursday for \$40
Friday, Saturday, & Sunday for \$45

Retired military may play on Monday and Thursday for \$40

Join us in showing respect for our nation's heroes by wearing red on Friday!

Ken Gerhardt

General Manager kgerhardt@carolinacolours.com

Terri Migliaccio

Class A Pro/Director of
Player Development
tmigliaccio@carolinacolours.com

Jim Ferree

Class A Golf Pro

<u>Jferree@carolinacolours.com</u>

Josh Purvis

Golf Course Superintendent jpurvis@carolinacolours.com

April

Hours of Operation

Pro Shop

Mon 9:30 am-6:00 pm Tues-Sun 7:30 am-6:00 pm

Driving Range (must check in with Pro Shop prior to 5:00pm)

Mon 9:00 am-6:00 pm Tues-Sun 7:30 am- 6:00 pm

Carolina Colours Ladies Golf Association (LGA)

The LGA enjoyed some beautiful weather in March for our golf rounds, and it was great to have so many ladies' participating! During the aeration project at Colours, 12 LGA members braved a very cold morning to play at the Emerald Golf Club, but it again turned out to be a picture-perfect day for golf. In addition to golf, the LGA is also volunteering with the Merci Clinic to clean up their flower beds and other outside areas to help beautify their location. We will also be encouraging members to donate non-perishables for the food box outside the clinic. Our next bi-monthly meeting is scheduled for April 6th with a 9-hole Step-Aside Scramble followed by lunch and meeting on the Sunset Terrace.

The highlight of the month was our "Surprise" Scramble on March 28th, with a theme of SPORTSMANIA! Members were asked to dress as their favorite sports team, and (of course) we had some "Surprises" in the format of the Scramble, which incorporated many other sports in the 9-hole round, including football, hockey, soccer, pickleball, ping pong, tennis, and baseball! (See below for more details).



"TEE off" on the non-golf holes - the other 2 players will retrieve the ball(s) & return them to the Tee Box. Rotate on each hole.

Hole #1: Try your hand (or foot) at

Hole #5: Try your hand at

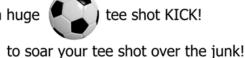


& either THROW or KICK for your 'tee shot'!

Hole #2: Leave your putter in the bag, and use the



Hole #3: Watch out Brandi Chastain, here comes a huge



Hole #4: Back to the LPGA & use your own



and use the paddle/ball to hit your tee shot!

Hole #6: Give your putter a rest, and use the



balls provided to sink your putt!

Hole #7: Chrissie Evert would be proud to see you stroke it down the fairway!



Hole #8: We're taking you out to the ballgame, so tee it up



& give it a whack!

Hole #9: It's time for golf again - BUT use a club other than your driver for tee shot!

Carolina Colours Men's Golf Association (MGA)

We kicked off the new MGA year with our breakfast on March 1st. We had a great turnout and then played a 4-man scramble afterwards. Since the kick-off breakfast, we welcomed Louis Cargnino and Jeff Seidman, bringing our membership up to 77. If you haven't already welcomed Louis and Jeff, please do so when you see them.

Many of you have already purchased your Hole-In-One insurance for the new season. As a reminder, the insurance is \$10 each for Wednesday and Friday. If you choose to purchase the insurance, please pay at the Pro Shop or give the money to one of the Board members: Scott Carruthers, Kelly Halbig, Bob Penvose, or Paul Platek.

On Tuesday March 21, 2023 we sent 24 golfers north to Cypress Landing Golf Course in Chocowinity, NC. A slight freeze delay turned into a great day of golf with temperatures reaching the middle 60's. A great day was had by all participants! Our next trip is schedule for April 18th at Star Hill. Be on the lookout for an email from Kelly Halbig with start times.

On Tuesday March 14, 2023, the MGA/LGA hosted Ms. Glenna Crawford, CarolinaEast Training Center Coordinator, and two other teammates in a "Friends and Family" training seminar for AED/CPR best practices. We had approximately 40 participants being trained in how to save a person who is experiencing an out-of-the hospital cardiac arrest. While we hope we will never be called on to use this knowledge, we are grateful to have this new training.

Reminder, we go to 9:00 a.m. tee time for April and May starting April 5th.

Our next event will be Masters Drink Day on April 5th.

April's Wednesday's Games

April 5: Modified Stableford /ABCD (2 low net for points) - 4 pts. for net Eagle, 3 pts. for net Birdie, 2 pts. for net Par, -1 pt. for net Bogey, -2 pts. for net Double Bogey, -3 pts. for net Triple + Bogey

April 12: Four Man 3,2,1/ABCD - 3 low net scores on par 5's, 2 on par 4's, 1 on par 3's

April 19: Four man 3 low net/ABCD - 3 low net scores

April 26: Lone Ranger - Four man/ BCDA Low net + Lone Ranger low net/B gets holes 1, 5, 9, 13, 17; C gets 2, 6, 10, 14, 18; D gets 3, 7, 11, 15; A gets 4, 8, 12, 16

CHEF's CORNER

Seared Scallops with Mint & Spring Pea Purée

This is a great spring time dish good for an appetizer or an entrée depending on how many scallops you have.

Ingredients

1 dozen sea scallops, side muscle removed
Kosher salt
One 16 oz. bag of frozen peas thawed
5 teaspoon fresh lemon juice
2 tablespoon olive oil divided
1/4 teaspoon black pepper
1/4 teaspoon kosher salt
3 tablespoon mint leaves

Instructions

Bring four cups of water to a boil in medium saucepan and cook peas until they are bright green, about 3-4 minutes. Drain. Set aside ½ cup peas for garnish. Add remaining peas, mint, salt, pepper, lemon juice, and olive oil to blender and puree until smooth and creamy. If mixture is too thick, add a tablespoon of water to help thin out mixture.

Rinse scallops under cold water to remove any grit. Dry completely with a paper towel. Season with kosher salt. Set aside.

In cast iron skillet add 1 tablespoon of olive oil and heat on medium high. Add scallops to pan and sear on each side for 3 minutes.

Divide puree between 4 plates and top with scallops. Garnish with remaining ½ cup peas and mint.



Colours Café

Opened Daily 11 am-3 pm Tuesday Dinner 5 to 7 pm

Made-to-order sandwiches and a side or salad

Call in your order from the course (look for the sign near the 9th tee box) and pick up your order when you make the turn.

You may charge your order to your Golf Club membership account.
Otherwise, cash or credit cards only.

Sports Bar
Opened
Tuesday 11am to 7pm
Wednesday—Sunday
11:00 am-3:00 pm

252-772-7022 ext 4

Colours Café Sports Bar at

