



TEE TIMES

VOL. 13, ISSUE VIII

CAROLINA COLOURS GOLF CLUB

AUGUST 2023

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Ken Gerhardt's Comments

Hello everyone,

It's hard to believe that August is here already. As I haven't been able to play golf since my surgery, I've been driving around the course weekly to take in the beauty of our course conditions. Today, I elected to walk all the greens to get an up-close view. For it being the end of July, we're truly blessed with the overall condition of our greens.

We are also extremely blessed to have the team that's in place taking great care of them. Josh, Shelby, and the entire team spend countless hours in extreme heat protecting our course conditions. If you happen to see one of our teammates on the course, please take a minute to say hi and thank them. This goes a long way in this heat.

Online Tee Times

We are getting closer to a launch date. We're scheduled to have this fully up and running by September 1st. This includes the time needed to train both the staff as well as our members.

CAROLINA COLOURS GOLF CLUB

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CAROLINA COLOURS
GOLF CLUB

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Ken Gerhardt's Comments (continued from page 1)

New golf carts

As most of you are aware, they finally arrived in July. 😊 We were told they would arrive on Thursday, July 6th. Imagine my surprise when I received a phone call on Wednesday, July 5th saying the carts would be here in a few hours. We had staff scheduled to help on the 6th. It was too late to adjust our schedule. I sent an email out to our community asking for volunteers. The response was overwhelming as usual. We had 36 volunteers show up to help myself and Johnny.

There's lots of steps each cart needed, which included cutting straps, unwrapping, and filling 108 sand bottles. Also, placing folded towels, pencils, and scorecards in each cart. We had to hang 54 chargers above the carts. Without the volunteers' help, it would've taken us days to complete these tasks. It only took 2-3 hours. You guys are amazing!!!

In closing, I'm pleased to share that I have permission to start playing golf again after August 20th. Not that I could really play before my health scare. This has been one of my targets to hit with my recovery. You might see me putting or chipping over the next few weeks. Just can't take a full club swing until mid-August. I have a lot to work on to get ready to play in the Ryder Cup this year.



News for the Pro by Jim Ferree, PGA



Flag Tournament

July has given us plenty of heat and humidity along with unpredictable thunderstorms here in Eastern NC, but the elements have been unable to dampen our members' golfing spirits.

July's tournament play kicked off with the Annual Flag Tournament with 51 participants competing. The men's division had 29 players in 4 flights and the women's division had 22 players in 3 flights. Winners were determined by each player getting 80% of their handicap added to par and planting their flag where their last stroke ended up.

Of the 51 participants, only 3 players were able to finish all 18 holes and progress onward to the first hole. Top honors and winner of the fourth flight was Mike Paquee whose flag was only 11 yards from #1 green. Right behind Mike was Karen Lankton, who planted her flag 119 yards from #1 green. Karen took the women's first flight honors and edged out Robin Johnson who finished 165 yards from #1 green taking 2nd in the first flight.

Surprisingly, 18 golfers planted their flags on the 18th hole which was a strong showing considering everyone was only given 80% of their handicaps. Four players Peter and Leigh Eckle, Jim Serour, and Paul Jabs made it to the 18th green and Carol Ackerson, Jim McGraw, and Sarah Metzbower planted their flags on the fringe of 18 green.

All of the flight winners are listed below.

Men's Division

1st Flight	Peter Eckle
2 nd Flight	Jim McGraw
3 rd Flight	Randy King
4 th Flight	Mike Paquee

Women's Division

1st Flight	Karen Lankton
2 nd Flight	Margie Hansen
3 rd Flight	Sarah Metzbower

Couple's Golf (July 16, 2023)

by Johnny Belskis, Assistant General Manager

This month's couple's event was a 9 hole modified scramble. Foursomes consisted of 2 couples that played as a team. We had 32 players in the field making for 8 teams.

Congratulations to Bob & Annmarie Penvose and Rich & Linda Groff for taking 1st place!!



Member-Member (continued)

Real quick, I would like to recognize the 4 ladies below (Jean Kenefick, Sharon Rhoton, Sarah Metzbower, and Cindy Teasdale). They placed 2nd and 3rd in last month's Member-Member, but their pictures were accidentally left out. I took those 2 pictures on my phone, but after that it died and I used a different phone to take the rest. My apologies!



Tournament Committee

2023 Schedule of Events *

August 13	Couples Event: 4 person scramble?	3 pm Shotgun (9 holes)
August 27	Carolina Colours Cup	8:30 am Shotgun
September 1	Nine & Dine: Texas Scramble?	2 pm Shotgun
September 5 & 6	Aerifying Greens	Course Closed
September 24	Ryder Cup	8:30 am Shotgun
October 7 & 8	Member-Guest	8:30 Shotgun (food)
October 15	Couples Event: Best Ball?	1 pm Shotgun (18 holes)
October 21 & 22	Club Championship	8 am Tee Times (food)
November 6	Equity Golf Tournament	9 am Shotgun
November 13	Pride Appreciation	9 am Shotgun
November 19	Couples Event: Turkey Shoot?	2 pm Shotgun (9 holes)

*Does not include outside tournaments

PRIDE Report by Peter Mnatzakanian, Team Leader

July saw a few PRIDE days and a big thank you for everyone who came out. To my knowledge there was no tutorial necessary, our teams didn't miss a beat.

Our course is looking great, and the summer months will not slow down our PRIDE team.

We could always use a few more folks for our alternate list, so if you know someone who might be a good pinch hitter, please let me know.

Have a great summer and thank you too all.

Star Performer of the Month!

Carol Halbig, relatively new 9 hole golfer / new to golf, had her lowest 9 hole score on July 13th.

Congratulations Carol on your impressive score of 56!

CCGC
MEMBER
EVENT



CAROLINA COLOURS
GOLF CLUB

COUPLES EVENT
AUGUST 13TH @ 3 PM

4 PERSON
"SCRAMBLE"
9 HOLES

\$7
ENTRY
FEE
INCLUDES
BEVERAGE



NOTE: LIMITED TO 40 PLAYERS
SIGN UP AS A TWOSOME OR FOURSOME

Carolina Colours Cup



**CCGC
MEMBER
EVENT**

**8:30 Shotgun
18 holes**

**Entry Fee \$30
includes lunch
& prizes**

Stableford Points

Men's & Women's Divisions

Deadline: Tuesday, Aug 22nd @ 5 pm

Carolina Colours Ladies Golf Association (LGA)



Dear Carolina Colours Community,

As many in our community already know, the Ladies Golf Association is hosting a charity golf tournament this October to benefit Pretty in Pink, a foundation that assists North Carolinians financially in their battle against breast cancer (October is breast cancer awareness month). In addition, during October, the LGA will be hosting several gently-used golf clothing/equipment sales to benefit this charity as well—sales that are open to the entire community. More will follow on that soon.

In 2021, 80 golfers and our community helped us raise over \$15,000 for this worthwhile charity. We're hoping with over 100 golfers this year, and continued support from our amazing neighborhood, we can easily top that amount.

There are opportunities for everyone to support the cause, including those who do not golf. Attached is some information about the upcoming event, as well as details regarding the ways you can contribute if you so desire. We are appreciative of your sponsorship and are hopeful you'll find a way to help us again with this year's event in any way you can. We've also included some information about a couple of "champions" that have been positively impacted by the foundation. Please click on the links below to view this important information.

**Thank you so much!
Carolina Colours Ladies Golf Association**



Pretty in Pink Ladies Invitational October 2, 2023

The Carolina Colours Ladies Golf Association is so excited to be partnering with Pretty in Pink for our 2023 Ladies Golf Invitational. You are invited to join us for a day of golf, friendship and support as we honor Breast Cancer Awareness month.

Pretty in Pink Foundation's mission is to provide uninsured and under-insured breast cancer patients throughout North Carolina with financial assistance for quality, life-saving medical treatment. This can only happen with financial commitments through sponsorships, fund raising, donations and pledge drives. To learn more about this outstanding organization, consult their website at [Pretty in Pink](https://www.prettyinpink.org). In the meantime, grab your clubs, your buddies and join us Monday, October 2, 2023.

Let's all make a difference in the lives of North Carolinians who need us.



\$75 entry fee includes:

**Breakfast | Cart Fee | 18 Holes of Golf | Lunch | Prizes | Awards | Beverage Cart |
Gently Used Golf APParel & Equipment Sale | Fun | Fellowship | Support**

REGISTRATION DEADLINE: SEPTEMBER 25, 2023

Limit 108 players – Sign Up Soon
Don't miss the opportunity to make a difference!!



Our mission is to provide uninsured and under-insured breast cancer patients in North Carolina with financial assistance for quality, life-saving medical treatment.

We provide grants to breast cancer patients, our "Champions," to help pay for:

- Surgeries
- Insurance Co-payments
- Chemotherapy Administration
- Deductibles & Premiums
- Radiation Therapies
- COBRA

- All grants are paid directly to the medical providers to help reduce stress for our Champions.
- In 2022 we served more than 400 Champions!
- We've never turned away a single qualified applicant!

Connect with us! @PrettyInPinkFoundation

Meet Our Champions



- Priscilla, a Wake County teacher, was diagnosed with breast cancer during the height of the COVID pandemic.
- She continued teaching remotely, but was forced to give up her job as a swim coach, which she relied on for income during the summer months.
- As a single-mother...she needed help.

"Pretty In Pink was able to alleviate the financial stress so I could focus on healing and my son!"

- Priscilla, our Champion

- Porchia is an edible design artist, primarily making cakes for out-of-town events.
- After she was diagnosed with breast cancer she was forced to decline many work opportunities, because of treatment.
- We stepped in to make sure her medical bills were taken care of...

"For an organization to cater its services around making sure people are ok financially as they walk through this storm means so much to me."

- Porchia, our Champion



Adopt a Pink Tee Lady & Save Lives!
DATE: THURS, SEPT 28 at 5pm in the Pavilion Neuse Rm
Enjoy a fun night of Wine & Snacks & Make a Difference

The LGA would like to invite you and your friends to join together to help raise funds for **Pretty In Pink**, a nonprofit foundation that provides financial assistance to North Carolinians for their life-saving breast cancer treatment, and at the same time support our Ladies Golf Invitational being held on October 2th, proceeds to benefit this wonderful cause. *Everyone is welcome - no golf experience needed!*

For a sponsorship fee of \$50, you can Adopt a Tee Lady and come enjoy an evening at the Pavilion getting her fully outfitted for her Invitational Debut. There will be wine and cheese and all supplies are provided. What is a Tee Lady you ask? She's a cute doll made of straw, but she's mighty plain and needs embellishment. We'll have all the PINK doodads you can think of—clothes, hats, jewelry, etc. NO SKILLS are needed, no sewing required. If you can work a glue gun, you're great. If not – we'll show you how! If you have a disposable piece of costume jewelry, earrings, buttons, or something you would like your Tee Lady to wear, please bring it along (totally optional.) Your finished tee lady will be placed at one of the tee boxes on tournament day as a lovely welcome to our players or may be placed in the Pavilion at one of our registration or dining areas during the tournament.

All tee lady “sponsors” will be gratefully noted in our Invitational Program. Buy one as a team, as an individual, in memory of a loved one, in support of a champion, whatever you choose. **We'll be meeting Thurs, Sept 28 at 5pm in the Neuse Room. If for some reason you are unable to attend, someone will lovingly adopt your lady and see that she is properly outfitted.**

To join in on this project, please drop a check for \$50 made payable to CCLGA at the Pro Shop (note Tee Lady project on your check please) no later than August 30th **AND** register with Joyce Pelletier at joycehpelletier@aol.com Thank you!

(See attached for the “before” picture of a tee lady and some “after” pictures of the ladies ready to display on our tee boxes!)

“BEFORE” picture – this tee box lady needs to be dolled up in PINK! – see below for her makeover ideas!



“AFTER” picture of Completed Tee Lady – ready to greet our players on the Tee Boxes!!





The Carolina Colours Ladies Golf Association will again be hosting a ladies invitational golf tournament on October 2, 2023. Proceeds from this tournament will benefit **PRETTY IN PINK FOUNDATION**.

The Foundation's mission is to provide uninsured/under-insured breast cancer patients in North Carolina with financial assistance for quality, life-saving medical treatment. When diagnosed with breast cancer, you should never have to choose between medical treatment and putting food on the table for your family. They are the only charity in North Carolina focused specifically on providing financial assistance after breast cancer diagnosis for treatment. Financial grants pay for surgery, chemotherapy, administration, radiation therapy, insurance premiums, office co-pays, and COBRA. All grants are paid directly to the medical providers to help reduce stress for the "Champions".

They have never turned away a single qualified applicant and have served 97 of 100 counties in North Carolina.

In 2022 they were able to serve more than 400 North Carolinians!

This charity tournament would not be possible without the support and contributions of our generous community, local vendors, volunteers, and the women who participate in the event. In 2021 we were able to contribute over \$15,000 to Pretty in Pink with 80 women golfers. But of course, we are setting our goal even higher for 2023. By increasing the participant golfers to 108 this year, and getting YOUR support, we are positioned for success.

We sincerely invite you to join our efforts to give hope and help to North Carolinians who need it. You can make this drive a huge success.

Please consider becoming a sponsor – we've outlined several options for you, see details below. Direct Donations happily accepted too!!

DEADLINE for contributions: September 1st. Please contact Amy Trainor at atrainor31@gmail.com or 919-656-1696.



TITLE SPONSOR \$750

- 3' x 5' professionally-printer banner at event entrance with your company name/logo
- Tagged on CC social media including link to your website (if desired)
- Mentioned on CC radio advertising
- Verbal acknowledgement at event luncheon
- Prominent thank you in event brochure

FEATURED SPONSOR \$500

Sponsor our Prizes!!

- Receive course recognition with an 18"x24" professionally printed sign displaying your company name/logo
- Your company tagged on CC social media
- Verbal acknowledgement at event luncheon
- Recognition in event brochure

BEVERAGE CART SPONSOR \$200 to \$400

- Sponsor one of our two beverage carts that circle the course during tournament play. Every player sees these carts!
- "Courtesy Of" professionally printed sign prominently displayed on the cart with your company name/logo
- Acknowledgement in our event program and at the event luncheon
- ALL PROCEEDS BENEFIT PRETTY IN PINK

HOLE SPONSOR \$100

For your personal or company donation

- 18" x 24" professionally printed sign placed at tee box. Every player sees these signs!
- Message of your choice on the sign (your name, company logo, "in memory of," etc.)
- Recognition in our event program



GOLF CLOTHING & EQUIPMENT SALE !!!

Start cleaning out your closets! The Carolina Colours Ladies Golf Association is now accepting gently used GOLF clothing—women's and men's—(shirts, slacks, skirts, sweaters, visors, belts, etc.) in preparation for our big fundraiser in October. All proceeds will benefit **PRETTY IN PINK** Foundation, an organization that provides uninsured and under-insured North Carolinians with financial assistance for their breast cancer treatment.

Contact Amy Trainor atrainor31@gmail.com
or Sandy Berberich ksberberich2@gmail.com
to donate your clothing (no missing buttons, zippers, etc.—clean, gently used golf items only please) *OR DROP OFF YOUR CLOTHING IN THE PINK BOX IN THE PAVILION BEGINNING **AUGUST 5th***. To donate golf equipment, please contact Amy Trainor atrainor31@gmail.com or Karen Lankton flanktonsnc@gmail.com.

We are so grateful for your support!!



Terri's Tips!

What Is Your Par???

Golf is definitely a challenging game for all who play it, even the best players in the world!

Next time you play, do yourself a favor and mark your card as to what YOUR PAR is on each hole. I will explain below, but a par 72 for 18 holes is for someone who has a playing handicap close to a Zero.

If your playing handicap is an 18, this means you can add one stroke to each hole for your par, based on your 18 handicap.

Hole 1 is a par 4 on the card, change that to a 5 for your par. Hole 2 is a par 3 on the card, change that to a 4 for your par. Keep doing this for the 18 holes.

Each hole is assigned a handicap. On the card below you will see the number 1 handicap hole for both men and women is number 3, this means this is the hardest hole on the course. You will also see the 18th handicap hole for men and women is number 16. This means this hole plays the easiest for both men and women.

If you have a playing handicap of 15 you will get to add an extra shot to your par for the first 15 handicap holes. If you happen to have a playing handicap of 24, you will add an extra shot to par on all 18 holes and add two extra shots to the 6 hardest holes! They would be holes, 3, 13, 7, 18, 1, and 15 for Men. As the card shows below, I inputted what YOUR PAR would be based on your handicap of 24.

Hole	1	2	3	4	5	6	7	8	9	Out	10	11	12	13	14	15	16	17	18	In	Total
Par	4	3	5	4	4	3	4	4	5	36	4	5	3	4	4	4	3	5	4	36	72
Your Par	6	4	7	5	5	4	6	5	6		5	6	4	6	5	6	4	6	6		96
Men's Handicap	5	17	1	11	7	15	3	13	9		14	8	16	2	10	6	18	12	4		
Women's Handicap	7	17	1	9	13	15	3	11	5		14	4	16	2	12	10	18	8	6		

If you can do this a few times a month, you will see how well you are playing based on YOUR PAR.

Hope this helps you improve your game and your understanding of how the handicap system works!

Military Day!



Active military & all first responders may play Monday through Thursday for \$40

Friday, Saturday, & Sunday for \$45

Retired military may play on Monday and Thursday for \$40

Join us in showing respect for our nation's heroes by wearing red on Friday!

Ken Gerhardt

General Manager

kgerhardt@carolinacolours.com

Terri Migliaccio

Class A Pro/Director of Player Development

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Class A Golf Pro

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Josh Purvis

Golf Course Superintendent

jpurvis@carolinacolours.com

August

Hours of Operation

Pro Shop

Mon 9:30 am–6:00 pm

Tues–Sun 7:00 am– 6:00 pm

Driving Range (must check in with Pro Shop prior to 5:00pm)

Mon 9:00 am–6:00 pm

Tues–Sun 7:00 am– 6:00 pm

Carolina Colours Ladies Golf Association (LGA)

So the dog days of summer appear to have arrived a bit earlier this year. That has not stopped the LGA members from being out there on the course and having some fun.

We recently held one of our surprise nine-hole scrambles. The theme was Hawaiian. The ladies of the LGA did not disappoint. Members got into the spirit with Hawaiian themed clothing. Shout out to Pam McConnaughey, who also decked out her cart, and Karen Lankton, who managed to golf the full nine holes donning her grass skirt. The LGA board completed the Hawaiian theme by providing each golfer with a yummy tropical trail mix made by our own President Yada, as well as a juice box of Hawaiian Punch!!! Fun was had by all.

Amy Trainor and Tamara Paquee, along with their committee chairs, continue to work tirelessly on planning for Pretty in Pink which is rapidly approaching in October. General community support is an important component to the success of this event.

Opportunities exist for community members to support this worthwhile cause through monetary donations, such as purchasing a tee lady to decorate, sponsorship, or just giving of your time. One need not be a golfer to support this important breast cancer fundraiser. If you have friends who may be interested in helping, please share these opportunities with them. Any questions concerning how to go about participating should be directed to Amy (atrainor31@gmail.com) or Tamara (tamarapaquee@yahoo.com).

The more support we receive, the better the outcome for the Pretty in Pink Foundation.

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Carolina Colours Ladies Golf Association (LGA) (from page 19)

Surprise Nine-Hole Scrambles with an Hawaiian Theme



Carolina Colours Men's Golf Association (MGA)

July was a great month for the MGA as we welcomed five new members: Lynn Burkholder, Mark Mecurio, Wendell Bankett, Mark Jones, and Pat Jones (father and son) bringing the total membership to 83. Please welcome them when you get a chance.

On Tuesday July 11th, we sent 16 golfers to Ironwood Country Club in Greenville. The weather was hazy, hot, and humid. The course was in excellent condition and a great round of golf was had by all. Our next road trip will be to Cutter Creek on August 8th. On Wednesday July 12th, we served lunch after the game and had 40 players attend the luncheon. As they said in the movies, “if you feed them they will come” (or something like that).

Although we have had a very strong response to this year's Hole-in-One Insurance, please note that the insurance can still be purchased. As a reminder, the insurance is \$10 for Wednesday and \$10 for Friday, and can be purchased through any of the MGA Board members or the Pro Shop. There is \$1,130 up for grabs for a hole-in-one on Wednesday and \$530 on Friday.

As a reminder, The Board has decided to allow anyone who qualifies to play from the gold tees to play from the purple tees if they wish. Therefore, if you are 65 years old or 60 and your age plus handicap is at least 80 you may play from either the gold or purple tees. Your handicap would be adjusted accordingly.

August Wednesday's games are:

- ✓ 8/2/2023 Low net within each flight—ABCD. A players play together, B players play together, C players play together, and D players play together. Winners within each flight like on Friday
- ✓ 8/9/2023 1-2-3 best ball ABCD—hole 1 -1 low net, hole 2 -2 low net, hole 3 -3 low net, repeat sequence 4-6, 7-9, 10-12, 13-15, 16-18
- ✓ 8/16/23 Low net + Lone Ranger—C gets holes 1,5,9,13, and 17; D gets 2,6,10,14, and 18; A gets 3,7,11,15; B gets 4,8,12,16
- ✓ 8/23/2023 Flip Flop Challenge /ABCD (back nine first) —hole 1-3 1 low net, holes 4-6 2 low net, holes 7-9 3 low net, holes 10-12 1 low gross, holes 13-15 2 low gross, holes 16-18 3 low gross
- ✓ 8/30/23 Four Man 3 low net ABCD—3 low net scores each hole

CHEF's CORNER

Creamy Sun-Dried Tomato and Ricotta Stuffed Shells

How To Make Ricotta Stuffed Shells

While the preparation may be a little more hands-on, the results are well worth it! Plus, many of the recipe components are make-ahead friendly.

Ingredients

Shells: Look for a box of jumbo shells in the pasta aisle, which are the ideal size for stuffing. It's important to not cook the shells past al dente. They will continue cooking in the oven, so we don't want to render them mushy!

Cheese: This recipe uses a magical blend of ricotta, mozzarella, and Parmesan. It's the perfect trio of melty goodness and distinct, cheesy flavor.

Sun-Dried Tomatoes: Make sure you are using sun-dried tomatoes in oil. We actually use part of that infused oil to cook the aromatics.

Aromatics: A mix of shallots and plenty of garlic to create the aromatic backbone of this dish.

Broth: Vegetable or chicken broth will work!

Half-and-half: To make the sauce extra creamy. You can also use heavy cream.

Spinach: You need to thaw and strain the spinach to remove as much moisture as possible. I do this by wrapping the spinach in a clean kitchen towel and squeezing it over the sink.

Spices: Italian seasoning adds herby flavor notes to the pasta.

Colours Café

Opened

Monday 11 am–4 pm

Tuesday 11 am–3 pm

Tuesday Dinner 5 to 7 pm

*Wednesday to Sunday
11 am to 4 pm*

Made-to-order sandwiches and a side or salad

Call in your order from the course (look for the sign near the 9th tee box) and pick up your order when you make the turn.

You may charge your order to your Golf Club membership account.

Otherwise, cash or credit cards only.

Sports Bar

Opened

Monday 11 am to 3 pm

*Tuesday 11:00 am to
7:30 pm*

*Wednesday–Sunday
11:00 am–4:00 pm*

252-772-7022 ext 4

Colours Café

Sports Bar

at



CAROLINA COLOURS
GOLF CLUB

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CHEF's CORNER (continued from page 22)

Make-Ahead and Storage Tip

- Make-Ahead: The shells can be boiled 1 day ahead. Drizzle with olive oil to prevent them from sticking, and refrigerate in an airtight container.
- The whole dish can be assembled and refrigerated up to 1 day ahead, as well. Just cover tightly with foil and remove it from the refrigerator 1 hour before baking.
- Store: Refrigerate leftovers in an airtight container for up to 5 days.
- Reheat: Place in oven-safe dish, cover with foil, and bake at 350°F until the shells are warm. Alternatively, you can reheat individual portions in the microwave.

Ingredients

Produce

4 Garlic cloves
1/2 cup shallots or sweet onion
1 (10 to 12-oz.) bag Spinach, frozen
3/4 cup Sun-dried tomatoes, oil-packed

Canned Goods

1 cup Chicken or vegetable broth

Pasta & Grains

12 oz Shells, jumbo

Baking & Spices

3/4 tsp Black pepper, cracked
1 tsp Italian seasoning
3/4 tsp Kosher salt

Oils & Vinegars

2 tbsp white wine vinegar

Dairy

1 1/4 cup half-and-half or heavy cream
3/4 cup Mozzarella cheese
1/2 cup Parmesan cheese, grated
15 oz Whole-milk ricotta cheese

Continued on page 24

CHEF's CORNER (continued from page 23)

Instructions

Heat the oven to 375 degrees F. Bring a large pot of salted water to a boil. Add the shells to the boiling water and cook until just shy of al dente. Drain, and transfer shells to a large rimmed baking sheet to allow to slightly cool.

Heat 2 tablespoons of oil from the jar of sun-dried tomatoes in a large skillet over medium. Once hot, add shallots and garlic; cook 5 minutes, until soft.

Add broth and white wine vinegar; bring mixture to a simmer. Gently simmer for 5 to 6 minutes, until the liquid slightly reduces.

Stir in half-and-half or heavy cream, $\frac{1}{4}$ cup Parmesan, Italian seasoning, $\frac{1}{2}$ tsp. salt, $\frac{1}{2}$ tsp. black pepper, and sun-dried tomatoes; gently simmer mixture for 4 to 5 minutes. (The sauce will be thin; however, it will reduce while the shells bake.)

Place thawed spinach in a clean kitchen towel and squeeze over the sink to remove as much liquid as possible. Place spinach in a large mixing bowl along with ricotta, remaining $\frac{1}{4}$ cup Parmesan, and $\frac{1}{4}$ tsp. each of salt and black pepper; mix well to combine.

Fill each cooked pasta shell with about 1 $\frac{1}{2}$ tablespoons of the ricotta mixture. (You may have a few shells leftover.)

Pour half of the sun-dried tomato sauce into a 3-quart baking dish (such as a 9x13). Arrange stuffed shells over the sauce, and spoon remaining sauce over the top. Scatter with mozzarella cheese.

Cover the dish tightly with foil and bake for 20 minutes. Remove the foil and bake, uncovered, until the cheese is melted and the sauce is bubbling, about 10 more minutes. Let sit 5 minutes, then serve.

