



# TEE TIMES

VOL. 12, ISSUE III

CAROLINA COLOURS GOLF CLUB

MARCH 2022

## INSIDE THIS ISSUE

Column	Pg
Ken Gerhardt's Comments	1
News from the Pro	3
Star Performers	3
Par for the Course	4
COTAforEvansJourney Fundraising	5
2022 Schedule	6
Terri's Tips	7
LGA	11
MGA	11
Chef's Corner	14

## Ken Gerhardt's Comments

Awe, spring is in the air. The golf course was extremely busy during the month of February. It was awesome seeing all of you out and about in the community and on the course.

The maintenance staff has been extremely busy during February.

- Entire course was sprayed with pre-emergent. We included the fire ant pre-emergent with this spraying.
- Repairing leaky sprinkler heads on three, four, and ten.
- Completed the fairway bunker on one.
- Completed both green side bunkers on three.
- Started working on the large bunker on eight.
  - This will take several weeks to complete.
  - We will create a landing area in the middle of bunker just like on hole 10. This will help with the speed of play. More importantly this will help overall maintenance on this hole.

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*Continued on Page 2*

## **Ken Gerhardt's Comments (continued from page 1)**

### **Range balls have arrived!**

By the time you're reading this, we hope to have all new range balls set out. This will depend on the next few days for weather. We will need to close the range as we need to clean and pick up the range prior to setting up new balls.

### **Sports Bar & Café**

Starting March 1st, we will be open seven days a week. Thank you for your continued support with this project.

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## **March Pride Report**

*Peter Mnatzakanian, Team Leader*

As we enter 2022 a special thank you to all who have taken part in the PRIDE program. Our course remains a top place to play because so many volunteers take extra time to pitch in and keep our course up to date. THANK YOU!

PRIDE will officially kick off Monday March 7, 2022, 7:30 to 9:00AM. Buckets will be at the Cart Barn. Unless special arrangements have been made, you can keep your assigned areas. I will be reaching out to each of you to make sure you are good to go. If for whatever reason you cannot continue, thank you in advance for all you have done.

Stay tuned for further details as to the opening PRIDE breakfast... I'm sure it will be a great event.

If any questions come up, kindly let me know. If there are any of your friends I have not reached out to about PRIDE, kindly advise.

Here's to another great year!

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## News from the Pro by Brian Joyner

### Dice Game Tournament

Mark your calendars for another member favorite golf tournament, the Colours Dice Game. The Dice Game is scheduled for Saturday, March 12th with a shotgun start at 9AM. The cost to play is \$20/player plus any applicable cart fees. When you sign up online, please do so individually as the Pro Shop will pair ABCD teams.

The format for this 18 hole event is as follows.

- ✓ Each team will receive a large wooden die. After every team member tees off, the team will roll the die. Then the fun begins as it's all in the luck of the roll of your die!
- ✓ If your die lands on a 1 your team would take the A player's drive; 2 would be the B player's drive; 3 would be the C player's drive; 4 would be the D player's drive; 5 would be the worst drive of the team; and 6 would be the best drive of the team. From there your team would play a regular scramble format until the ball is holed out on the green.

This is a social event for all golf enthusiasts including you! So, come join the fun and we'll hope for good spring weather. The deadline to sign up online is Tuesday, March 8th.

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## Star Performer of the Month!

*Peter Mnatzakanian recorded a HOLE-IN-ONE while playing on Tuesday, December 28th!!*



*There was quite a coincidence that happened on TWOSDAY, 2/22/22. Sandy Berberich, Nancy Filipow, and Bobbi Duval all made birdie on hole #16 while playing in the same group, recording scores of 2, 2, and 2! Crazy!!!*

## Par for the Course by Peter Eckle

Most of you are familiar with the term “ready golf” when it comes to the order of play and taking your turn to play, even though you are not farthest away. This helps keep things moving and improves the pace of play. In match play, it’s a different story. Since there is a totally new format planned for the Match Play Tournament coming up in May, it would be helpful to cover some of the key rule differences if you plan to play.

In match play, the order of play is fundamental. If you play out of turn, there is no penalty, but your opponent has the option and may (if they choose) cancel the shot (stroke) and have you do it over. Rule 6.4a dictates “the ball that is farther from the hole should be played first,” but it doesn’t dictate which ball.

So here is a situation that you might encounter that runs counter intuitive to this rule:



Rule 6.4a Order of Play- Match Play

The Blue player’s ball lies about 15 yards short of the green (Blue X). The red player hit their shot in the hazard and is submerged in the water about 10 yards from the green (Red X 1). Red cannot play their ball, but has to drop 50 yards from the green where it last crossed the hazard (Red X2). Which player is farthest away and next to hit their shot? It’s the Blue player because their ball is further away from the spot where Red’s original shot ended up.



CAROLINA COLOURS  
GOLF CLUB



**COTAforEvansJourney Fundraising Par-3 Contests**

**March 14, 2022**

On behalf of The Children's Organ Transplant Association in honor of Evan McGuire

**Limit 72 Players Per Contest**

To Register or donate, go to [www.COTAForEvansJourney.com](http://www.COTAForEvansJourney.com)

**ENTRY FEE DONATION**

**\$60 Individual**

**\$240 Per Team**

**Beverage Cart**

**50/25/25 Raffle**

**Fast Forward Pass**

**Closest to the Pin**

**Putting Contest**

**Ball Drop**

**Auction • Prizes**

**INCLUDES**

**Cart, Range Balls**

**BBQ Dinner, Goodie Bag**

**SHOTGUN**

**8:30AM & 1:30PM**



**B/S/H/**



COLLEGE  
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CAROLINA EAST  
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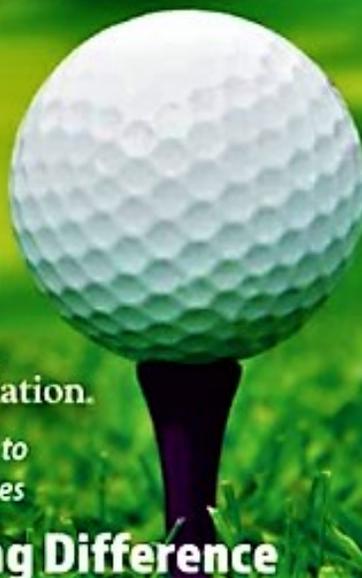
Coastal  
Children's  
Clinic



Children's Organ  
Transplant Association.

*All proceeds go to COTA in honor of Evan McGuire to assist with a lifetime of transplant-related expenses*

**You're Making a Life-Saving Difference**



## 2022 Schedule of Events \*

DATE	TOURNAMENT	START TIMES
March 12	Dice Game	9am Shotgun (food)
March 20	Couples Event	3pm Shotgun (9 holes)
March 21 & 22	Aerifying Greens	Course Closed
April 10	Play with a Masters Pro	Tee Times
April 17	Couples Event	2pm Shotgun
May 2	Heaven and Hell	9am Shotgun (food)
May 20-22	<b>Match Play Tournament</b>	
June 4 & 5	<b>Member-Member</b>	8:30am Shotgun (food)
June 19	Couples Event	2pm Shotgun (18 holes)
July 4	Flag Tournament	8am Tee Times
July 17	Couples Event	4pm Shotgun (9 holes)
August 14	Couples Event	3pm Shotgun (9 holes)
August 28	Carolina Colours Cup	8:30am Shotgun
September 2	Nine and Dine	2pm Shotgun
September 6 & 7	Aerifying Greens	Course Closed
September 25	Ryder Cup	8:30am Shotgun
October 8 & 9	<b>Member-Guest</b>	8:30am Shotgun (food)
October 16	Couples Event	1pm Shotgun (18 holes)
October 22 & 23	<b>Club Championship</b>	8am Tee Times (food)
November 7	Equity Golf Tournament	9am Shotgun
November 14	Pride Appreciation	9am
November 20	Couples Event	2pm Shotgun (9 holes)

\*Does not include outside tournaments

## Terri's Tips!

### Understanding Hand Path in Your Swing

Easy Question—what is the only part of your body to touch the golf club? Yes, correct, your hands. How important do you think the hands are in the golf swing? Answer—Very Important.

Do you think improving your hand path will improve your ball strike and consistency? Answer—Yes.

So, let's understand Hand Path.

Hand Path starts in your set up position. Your arms MUST hang naturally from your shoulders. Now wherever your hands hang, this is where you will take your grip in your set up. Most everyone will feel that they are closer to the ball, and this is a good thing.

Now, visualize a circle, on a tilt, as the picture below. If you can move your hands along this tilted circle back into your takeaway, down into impact, and continue into the follow-thru, you will have achieved a good swing and a great strike on the golf ball.



*Continued on Page 8*

## Terri's Tips!

(continued from page 7)

I gave a lesson last week to a student. No names will be mentioned, but he did say I had permission to use these before and after pictures. This student was having a difficult time making consistent contact on the face and because of this, his ball flight was very erratic. I explained to him, in so many words, what I mentioned at the beginning of this article.

He had a good set up, but his initial move away from the ball had his hands moving to the outside and move straight away. Instead of on the arc pictured in this article. Once I explained to him that he had to keep his hands on this imaginary tilted circle, and physically helped him achieve the feels and visuals, he was on his way.

I also used his alignment sticks that he had in his bag. You will see in the picture below that the alignment stick is put into the ground on an angle. The golf ball is then placed just inside the stick, between you and the stick. Now most professionals do this drill with the ball directly under the alignment stick, but as you start out you will want it just an inch or two inside of it. You will also ALWAYS use a short tee to put the ball on as you are doing this drill.

The stick gives you a great visual of how the hands need to move away on an inside circle away from the ball. If they move back on that same circle the clubhead will be approaching the ball from the 'inside' and will make contact on the center of the face. If your hands move too far away from the circle your club will contact the stick, instant feedback!



This picture shows angle of alignment stick, ball inside, 2-3 inches.

*Continued on Page 9*

## Terri's Tips!

(continued from page 8)

The pictures below show the before and after. Before my student understood hand path, after my student understood hand path, and after we started using the alignment stick for training.

The first picture on the left is before the impact. You will see his clubhead approaching the ball from the “outside.” Also notice how far his hands are away from his body. The picture under it is literally impact position! Where do you think this ball went, and how far in the air did it go????

Now notice the two pictures on the right. The top right picture is directly before impact. You can clearly see his hands closer to his body and the clubhead approaching ball from the “inside.” The picture under it is impact. Again, you see the hands close to the body, on the same hand path, and a beautiful impact with the ball coming off crisp and flying straight and high. There are also tons of space between the clubhead and stick!



Any questions feel free to contact me, if you'd like to schedule a lesson just click this link!

<https://calendly.com/golfschool/60minprivatelesson>

## Military Day!



Active military & all first responders may play Monday, Tuesday, Wednesday, & Thursday for \$33  
Friday, Saturday, & Sunday for \$35

Retired military may play on Monday and Thursday for \$33

Join us in showing respect for our nation's heroes by wearing red on Friday!

### **Ken Gerhardt**

General Manager

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### **Brian Joyner**

PGA Head Golf Professional

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Golf Course Superintendent

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## March

### Hours of Operation

#### Pro Shop

Mon 9:00 am–5:00 pm

Tues–Sun 7:30 am– 5:00 pm

#### Driving Range (must check in with Pro Shop prior to 5:00pm)

Mon 9:00 am–6:00 pm

Tues–Sun 7:00 am– 6:00 pm

## Carolina Colours Ladies and Men Golf Association (LGA & MGA)

### LGA

The CC LGA celebrated its 2022 Kickoff with a 9-hole Step-Aside Scramble followed by lunch and our first Business Meeting on February 17. Our meeting started with President Cheryl Yadach introducing the 2022 LGA Board Members: Vice President Robin Johnson, Treasurer Sarah Metzbower, and Secretary Linda McGraw. We also welcomed our two newest members: Bobbi Duval and Karla Griffith.

(LGA continued on Page 12)

### MGA

Winter golf continues. February's weather continued to be a challenge, keeping many of us off the golf course. That said, an all-time high of tee times was booked for Saturday, February 12!

Our 2022 season Kick-off Breakfast will be Wednesday March 2, 2022. The schedule for the meeting is as follows:

- 8:00 AM: Sign-up for the 2022 Hole-in-One insurance (a \$10.00 entry fee for both Wednesdays and Fridays, which is consistent with prior years' entry fees)
- 8:15 AM: Buffet Breakfast
- 8:45 AM: Start of Meeting
- 9:30 AM: Golf Warm-up, driving range and putting green
- 10:00 AM: Shotgun start; Modified Scramble, ABCD, with a minimum of 3 drives from each player

(MGA continued on Page 13)

#### LGA Games for March

LGA Games  
Included in LGA Article

**LGA  
March  
start times  
are at  
9:30 a.m.**

**MGA  
March  
start times  
are at  
10:00 a.m.**

#### MGA Games for March

MGA Games  
Included in MGA Article

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**LGA**  
(from page 11)

Before our Scramble, LGA members gathered outside to welcome Pam McConnaughey and to present her with a quilt made by Sharon Rhoton [label by Claudia Moran] to let her know she is in our thoughts while she is away.



Beginning March 1, we are set to add an extra option to our Tuesday formats at the request of some of our “pioneer” ladies. As a one-year “try out,” LGA’ers will have the choice of playing 9 holes, 18 holes, or playing in the newly formed “Leisure” group on Tuesdays. Those in “Leisure” will not play the game or pay the game fee. They will, however, play by all golf rules to keep an up-to-date and accurate handicap. After one year, the Board will take feedback from LGA and reassess this option for the future.

For now, we all look forward to celebrating “National Lemon Chiffon Cake Day” on March 29 for our next Surprise Scramble. All participants are encouraged to wear their interpretation of “lemon chiffon.”

By means of an online vote, the LGA voted to move our March tee times to 9:30 am.

Deadline for dues is March 1; cost is \$35.

**March’s Games**

March 1: BEST NINE (Front or Back) ½ HCP

March 8: SCRATCH 3 WORST HOLES

March 15: ANY NINE MIXED (½ HCP) (purple tees on #16)

March 22: Course Closed

March 29: 9-HOLE LEMON CHIFFON SCRAMBLE

## MGA (from page 11)

For those of you who have yet to pay your 2022 MGA dues (\$25.00), please do so ASAP. You can pay your dues to any of the MGA Board members (Mike Paquee, President; Scott Carruthers, Vice President; Kelly Halbig, Treasurer; Bob Penvose, Secretary) or to the Pro Shop. Payments can also be made during the 8:00 AM sign-up preceding the Kick-off Breakfast meeting.

Total MGA paid enrollment as of February 23, 2022, was 67, including new members John Duvall, Jack Griffith, Rich Groff, and Ken Zirkle.

March's Games (with shotgun starts remaining at 10:00 AM) are:

- March 2: Modified Scramble, ABCD, with a minimum of 3 drives from each player
- March 9: Four-player, ABCD, 3,2,1, (3 low net scores on par 3's, 2 on par 4's, 1 on par 5's)
- March 16: Four-player three low net, ABCD (3 low net scores count)
- March 23: Four-player, high/low net (high net and low net count)
- March 30: Lone Ranger, Four-player ABCD (low net + Lone Ranger low net; A-player gets holes 1, 5, 9, 13, 17; B-player gets holes 2, 6, 10, 14, 18, C-player gets holes 3, 7, 11, 15; D-player gets holes 4, 8, 12, 16)

And, the first road trip is scheduled for March 22 at Star Hill in Onslow County. More details to follow. (The full year's schedule of road trips will be released as soon as it is completed.)

Please note that March's shotgun start times will be 10:00 AM.

Looking forward to seeing you at our March 2 Kick-off Breakfast.

MGA Board

## **CHEF's CORNER**

### **Spring Rolls (makes 24)**

The crispiest and best spring rolls filled with vegetables and deep-fried to golden perfection. This spring roll recipe is easy, authentic and 100% homemade.

#### **Ingredients**

6 oz. pork butt, cut into thin strips  
2 tablespoons oil  
6 oz. cabbage, sliced thinly  
2 tablespoons Chopped scallions

#### **Seasonings**

1 tablespoon oyster sauce  
1/4 cup water  
1 teaspoon sesame oil  
1/4 teaspoon sugar  
1/4 teaspoon salt or to taste  
3 dashes ground white pepper  
1 packet frozen spring roll wrappers, thaw to room temperature  
1 large egg, lightly beaten

#### **Instructions**

To make the Filling, heat the oil in a skillet over high heat. Add the pork and stir fry until the surface turns white. Add the cabbage, stir a few times before adding all the ingredients listed in Seasonings.

The filling is ready when the cabbage becomes somewhat dry and not wet. (Wet filling will make the spring rolls soggy and not crispy.) Transfer the filling to a big bowl, let cool.



*Continued on Page 15*

## **Colours Café**

*Opened Daily  
11:00 am-3:00 pm*

Made-to-order sandwiches  
and a side or salad

Call in your order from the  
course (look for the sign near  
the 9th tee box) and pick up  
your order  
when you make the turn.

You may charge your order to  
your Golf Club  
membership account.  
Otherwise, cash or credit  
cards only.

## **Sports Bar**

*Opened Daily  
11:00 am-3:00 pm*

*252-772-7022 ext 4*

**Colours Café  
Sports Bar  
at**



## **CHEF's CORNER** (from page 14)

### **How to Wrap Spring Rolls**

To wrap a spring roll, place a piece of spring roll wrapper on a flat surface. Spread about 2 tablespoons of the filling lengthwise onto the center of the wrapper. **DO NOT OVERFILL.**

Using a small brush or your index finger, dab the beaten egg around the outer edges of the wrapper. Fold the bottom part of the wrapper over the filling. Fold the left and right sides of the wrapper over the filling. Make sure the filling is packed tightly.

Roll the spring roll over until it reaches the other end of the wrapper. Make sure the spring roll is sealed tight and there is no leakage. Repeat the steps until you use up the filling.

Heat 2 to 3 inches of oil in a wok or a small sauce pan to 350°F (176°C) for deep frying. Gently drop the spring rolls into the oil and deep fry in batches. Deep fry until golden brown. Remove the spring rolls using a strainer or a slotted spoon, draining excess oil on a plate lined with paper towels. Serve immediately.

### **Chef's Notes**

I recommend a mild or sweet chili sauce as the dipping sauce.

### **Nutrition Information**

Serving Size: 24 rolls

Amount Per Serving

Calories: 76

Total Fat: 2g

Saturated Fat: 1g

Cholesterol: 13mg

Sodium: 161mg

Carbohydrates: 12g

Fiber: 1g

Sugar: 1g

Protein: 4g