



# TEE TIMES

VOL. 13, ISSUE IX

CAROLINA COLOURS GOLF CLUB

SEPTEMBER 2023

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## Ken Gerhardt's Comments

Great news? Fall is just around the corner. It's been a great summer. Yes, there have been some hot days and we went through a long dry spell. The positive news is our bunkers looked fantastic most of the summer. Very few days they held any water. Always look for the positive things in life. See it's a new me.



During the last week of August, I was able to play golf twice. Just to be on our course and see it from a player's viewpoint is always a blessing. In case you're wondering, I played ok. Both rounds were under 100. My goal wasn't my score. My goal was to simply play and hopefully be able to compete all 18 holes. I was able to do both. I felt great after each round. My next goal is to play 27 holes in the same day. Trying to prepare myself for battle when the Ryder Cup takes place. I promise all of you, I will not over do it. If I get tired, I'll stop. These past six months have been a blessing in so many ways. Thank you for all your continued support.

CAROLINA COLOURS GOLF CLUB

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CAROLINA COLOURS  
GOLF CLUB

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## **Ken Gerhardt's Comments (continued from page 1)**

### **Course Maintenance**

We will be punching the greens Tuesday and Wednesday, September 5th, and 6th. The course will be closed both days. Hours of operations will be:

- ✓ Pro Shop: 9 am – 4 pm
- ✓ Driving Range 9 am – 5 pm

There will be no golf carts available to drive to the range.

Café will be open normal hours both days.

September 4th, Labor Day course will be open all day 7:30 am – 6 pm

On the two days we're closed, property owners may bike or walk the cart paths. As always, please remember you will see our equipment coming before the driver sees you. Please be careful out there.

### **Tournaments**

We have lots planned for the remainder of the year. Hope to see you on the course.

#### **Tournament Committee 2023 Schedule of Events \***

September 1	Nine & Dine: Texas Scramble?	2 pm Shotgun
September 5 & 6	Aerifying Greens	Course Closed
September 24	Ryder Cup	8:30 am Shotgun
October 7 & 8	Member-Guest	8:30 Shotgun (food)
October 15	Couples Event	1 pm Shotgun (18 holes)
October 21 & 22	Club Championship	8 am Tee Times (food)
November 6	Equity Golf Tournament	9 am Shotgun
November 13	Pride Appreciation	9 am Shotgun
November 19	Couples Event	2 pm Shotgun (9 holes)

\*Does not include outside tournaments

The New Bern Civitan Club invites you to a presentation in the Neuse Room in the Pavilion on Friday, September 15, at 5:00 pm prior to the weekly dinner. Carolina Colours Golf member Randy King will be the principal presenter in describing the many activities of the club. Many Colours residents have supported the Civitan rib fundraisers with deliveries to Colours organized by Civitan member Fred Ohsol. This presentation will describe how these funds are used throughout the community. Additionally, he will describe the “hands-on” projects, with a focus on helping the intellectually and physically disabled, that are conducted by the Civitan club each year. The goal is to pique your interest enough to attend a future meeting or to join in one of the upcoming volunteer opportunities.



## News from the Pro by Jim Ferree, PGA

We have a beautiful course which makes it no surprise Carolina Colours attracts summer vacationers seeking recreational activities. At the risk of stating the obvious, anyone who plays this difficult game intermittently or rarely, will not move as expediently through the course as the more seasoned players. Recently, this has created some challenges for us in controlling pace of play. Several steps can be taken to prevent and mitigate this challenge. This is especially true for groups with tee times prior to the MGA/LGA shotgun starts during the week.

First, when folks are making tee times, we can make them aware of the expectation all groups should complete their 18-hole round in 4 hours. Second, if a potentially slow group is detected, we can either encourage them to opt for a later tee time when we are less crowded or refrain from pairing other players with them if they are less than a foursome. The 4-hour norm can be reinforced with a friendly reminder when they come in the Pro Shop to register.

Once out on the course, we have 3 assets to monitor and assist pace of play: our golf carts, our starter/ranger, and the eyes of our members. Our new carts have GPS which monitors the location and pace of carts out on the course. They also give us the capability of messaging any cart falling behind and not keeping up with the group in front of them.

On Fridays through Sundays, we usually have a starter/ranger on duty to control the 1st tee and assist play. Perhaps the quickest and most reliable asset we have are our members. With a call to the Pro Shop, we can quickly be informed of any on-course backups. Once notified, the Pro Shop staff can send the carts of the slow group a message and if available, deploy someone to go out to give words of encouragement of a more personal nature.

One key point to keep in mind; in a perfect world, all golfers should be permitted to play at their own pace. While 4 hours might be the standard, some might be more comfortable with a slower pace while others can breeze around 18 holes in 3 hours or less. Proper etiquette requires us to let faster groups play through if we aren't keeping pace with the group in front of us. If you find your group out of position and feel like the group behind you is waiting, waive them up to play through. Conversely, if you find your group waiting on every shot and the group in front of you has an open course in front of them, there is nothing wrong with politely asking if you can play through if they fail to offer. A little kindness and civility go a long way to ensure everyone's enjoyment.

by Johnny Belskis, Assistant General Manager

## 2023 Carolina Colours Cup

The annual Colours Cup took place this month on August 27<sup>th</sup>. This event uses the Stableford format, making for some unique scoring and fun competition. We had a great turnout of 34 players. After the golf, players met in the taproom for scoring and a buffet full of great food.

### MEN'S OVERALL

JIM HALLENBECK

#### **FLIGHT 1 MENS**

1<sup>ST</sup> GREG REINECKE

2<sup>ND</sup> DON FRAZIER

3<sup>RD</sup> MARC BOLTON.

#### **FLIGHT 2 MENS**

1<sup>ST</sup> JOHANNES LINDE.

2<sup>ND</sup> BOB WALTER

3<sup>RD</sup> PETER ECKLE

#### **FLIGHT 3 MENS**

1<sup>ST</sup> KEN KIRKMAN

2<sup>ND</sup> WALT TEASDALE

3<sup>RD</sup> BILL JARVIS

### WOMEN'S OVERALL

CAROL ACKERSON

#### **FLIGHT 1 WOMEN'S**

1<sup>ST</sup> ROBIN JOHNSON

2<sup>ND</sup> LINDA MCGRAW

3<sup>RD</sup> SANDY BERBERICH

#### **FLIGHT 2 WOMEN'S**

1<sup>ST</sup> JEAN KENEFICK

2<sup>ND</sup> KIM REINECKE

3<sup>RD</sup> MARILYN JARVIS



*Continued on page 5*



by Johnny Belskis, Assistant General Manager (continued from page 4)

## Couples Golf 8-13-23

We had an outstanding showing from the membership at this month's couples event. In 96 degree heat (it felt hotter than that), we had 44 members come out to play. This was a 4 person scramble tournament. After play, players went to the café for scoring and some much needed refreshments. Congratulations to Greg Reinecke, Kim Reinecke, Walt Teasdale, and Cindy Teasdale for taking 1<sup>st</sup> place!



## Star Performers of the Month!

Congratulations to Cheryl Yadach. Cheryl shot her lowest round ever to date on Tuesday, August 8th, during the LGA tournament day. Let's congratulate Cheryl on shooting an 87 for the day!

Congrats to Peter Eckle. Peter shot his age on Sunday August 6, 2023. His quote, "Every year it gets easier and easier." Go Peter, keep shooting that age. If you all want to know what he shot, it was a smooth 77. WOW!

Congratulations to Robin Johnson. Robin shot her lowest score ever, coming in with an 81 on Tuesday August 1st!

Cheryl Yadach shot her personal best on August 19th, coming in with a score of 86 and...drum roll please...she also had a HOLE-IN-ONE during that round on number 2!  
Big congratulations to Cheryl.

Marilyn Jarvis shot her best round ever with a 95 on Thursday, August 24th

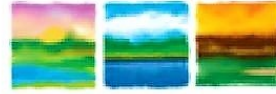
15-yr old Hudson Woodard, son of Carter Woodard, shot his best round ever with an 88. Pretty impressive considering he's been playing for only 1 1/2 years.

John Durham has had 2 even par rounds since August 4th and posted a nifty 3-under 69 on August 15th.

Mark Farley shot a 73 on August 19th!



**CCGC  
MEMBER  
EVENT**



**CAROLINA COLOURS  
GOLF CLUB**

# "Nine & Dine"



**\$21 PER PERSON  
(PLUS TAX & TIP)  
INCLUDES PRIZES  
& DINNER**

**COCKTAILS 5:30  
DINNER 6:30**



**Couples Event - Friday, September 1st  
2:00 pm Shotgun | Format: Texas Scramble  
Deadline: Thursday, August 31 @ Noon  
Sign up via Golf Genius for both golf & dinner**

## Menu

**Bourbon Peach and basil salad with candy pecans, spinach  
and roasted artichokes w/white balsamic dressing  
Roasted asparagus with cranberries & bacon  
Mashed potato and garlicky herb  
Grilled Grouper with ginger and coconut jus  
Creamy Chicken Mornay with brandy bacon sauce  
Drunken upside down pineapple cake**

**CCGC  
MEMBER  
EVENT**



**CAROLINA COLOURS  
GOLF CLUB**



  
CAROLINA COLOURS  
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**Three 9 hole  
matches**

  
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**Entry Fee: \$30  
includes lunch**

Teams announced  
Friday, Sept 22nd

Deadline: Sept 18 @ 5 pm



**Adopt a Pink Tee Lady & Save Lives!**  
**DATE: THURS, SEPT 28 at 5pm in the Pavilion Neuse Rm**  
**Enjoy a fun night of Wine & Snacks & Make a Difference**

The LGA would like to invite you and your friends to join together to help raise funds for **Pretty In Pink**, a nonprofit foundation that provides financial assistance to North Carolinians for their life-saving breast cancer treatment, and at the same time support our Ladies Golf Invitational being held on October 2<sup>th</sup>, proceeds to benefit this wonderful cause. *Everyone is welcome - no golf experience needed!*

For a sponsorship fee of \$50, you can Adopt a Tee Lady and come enjoy an evening at the Pavilion getting her fully outfitted for her Invitational Debut. There will be wine and cheese and all supplies are provided. What is a Tee Lady you ask? She's a cute doll made of straw, but she's mighty plain and needs embellishment. We'll have all the PINK doodads you can think of—clothes, hats, jewelry, etc. NO SKILLS are needed, no sewing required. If you can work a glue gun, you're great. If not – we'll show you how! If you have a disposable piece of costume jewelry, earrings, buttons, or something you would like your Tee Lady to wear, please bring it along (totally optional.) Your finished tee lady will be placed at one of the tee boxes on tournament day as a lovely welcome to our players or may be placed in the Pavilion at one of our registration or dining areas during the tournament.

All tee lady “sponsors” will be gratefully noted in our Invitational Program. Buy one as a team, as an individual, in memory of a loved one, in support of a champion, whatever you choose. **We'll be meeting Thurs, Sept 28 at 5pm in the Neuse Room. If for some reason you are unable to attend, someone will lovingly adopt your lady and see that she is properly outfitted.**

To join in on this project, please drop a check for \$50 made payable to CCLGA at the Pro Shop (note Tee Lady project on your check please) no later than August 30<sup>th</sup> **AND** register with Joyce Pelletier at [joycehpelletier@aol.com](mailto:joycehpelletier@aol.com) Thank you!



The Carolina Colours Ladies Golf Association will again be hosting a ladies invitational golf tournament on October 2, 2023. Proceeds from this tournament will benefit **PRETTY IN PINK FOUNDATION**.

The Foundation's mission is to provide uninsured/under-insured breast cancer patients in North Carolina with financial assistance for quality, life-saving medical treatment. When diagnosed with breast cancer, you should never have to choose between medical treatment and putting food on the table for your family. They are the only charity in North Carolina focused specifically on providing financial assistance after breast cancer diagnosis for treatment. Financial grants pay for surgery, chemotherapy, administration, radiation therapy, insurance premiums, office co-pays, and COBRA. All grants are paid directly to the medical providers to help reduce stress for the "Champions".

They have never turned away a single qualified applicant and have served 97 of 100 counties in North Carolina.

In 2022 they were able to serve more than 400 North Carolinians!

This charity tournament would not be possible without the support and contributions of our generous community, local vendors, volunteers, and the women who participate in the event. In 2021 we were able to contribute over \$15,000 to Pretty in Pink with 80 women golfers. But of course, we are setting our goal even higher for 2023. By increasing the participant golfers to 108 this year, and getting YOUR support, we are positioned for success.

We sincerely invite you to join our efforts to give hope and help to North Carolinians who need it. You can make this drive a huge success.

**Please consider becoming a sponsor – we've outlined several options for you, see details below. Direct Donations happily accepted too!!**

DEADLINE for contributions: September 1st. Please contact Amy Trainor at [atrainor31@gmail.com](mailto:atrainor31@gmail.com) or 919-656-1696.



100% of the net proceeds from this year's tournament will go DIRECTLY to the foundation's mission services: funding for surgery, chemo administration, radiation therapy, health insurance deductibles and co-pays for financially-challenged North Carolinians in the fight of their lives.

Contact Amy Trainor [atrainor31@gmail.com](mailto:atrainor31@gmail.com) / 919-656-1696 for more info!

### **TITLE SPONSOR \$750**

- 3' x 5' professionally-printer banner at event entrance with your company name/logo
- Tagged on CC social media including link to your website (if desired)
- Mentioned on CC radio advertising
- Verbal acknowledgement at event luncheon
- Prominent thank you in event brochure

### **FEATURED SPONSOR \$500**

Sponsor our Prizes!!

- Receive course recognition with an 18"x24" professionally printed sign displaying your company name/logo
- Your company tagged on CC social media
- Verbal acknowledgement at event luncheon
- Recognition in event brochure

### **BREAKFAST OR LUNCHEON SPONSOR \$200 - \$400**

- "Courtesy of" professionally-printed signs displayed on every breakfast buffet table
- "Courtesy of" professional-printed signs on each table at the luncheon
- Recognition in event brochure and verbal recognition at the event luncheon

### **HOLE SPONSOR \$100**

For your personal or company donation

- 18" x 24" professionally printed sign placed at tee box. Every player sees these signs!
- Message of your choice on the sign (your name, company logo, "in memory of," etc.)
- Recognition in our event program





## GOLF CLOTHING & EQUIPMENT SALE !!!

Start cleaning out your closets! The Carolina Colours Ladies Golf Association is now accepting gently used GOLF clothing—women's and men's—(shirts, slacks, skirts, sweaters, visors, belts, etc.) in preparation for our big fundraiser in October. All proceeds will benefit **PRETTY IN PINK** Foundation, an organization that provides uninsured and under-insured North Carolinians with financial assistance for their breast cancer treatment.

Contact Amy Trainor [atrainor31@gmail.com](mailto:atrainor31@gmail.com)  
or Sandy Berberich [ksberberich2@gmail.com](mailto:ksberberich2@gmail.com)  
to donate your clothing (no missing buttons, zippers, etc.—clean, gently used golf items only please) *OR DROP OFF YOUR CLOTHING IN THE PINK BOX IN THE PAVILION BEGINNING **AUGUST 5<sup>th</sup>***. To donate golf equipment, please contact Amy Trainor [atrainor31@gmail.com](mailto:atrainor31@gmail.com) or Karen Lankton [flanktonsnc@gmail.com](mailto:flanktonsnc@gmail.com).

We are so grateful for your support!!



## Carolina Colours Golf Club



# 2023 Member-Guest Weekend



CAROLINA COLOURS  
GOLF CLUB

**October 6-8**

Link for sign-ups will go out 8/31  
Sign-ups will close 9/18



# Schedule of Events

## Friday, October 6th

- Practice rounds available all day for participants. Call to reserve a tee time.
- 5-6pm: Cocktail Party in the Sports Bar (spouses welcome)
- 5:15-6:15 pm: Closest to the Pin Contest (Sunset Terrace)



## Saturday, October 7th

- 8:30 tee off. Driving range will open at 7am. Please arrive by 8am.
- Men will play three 9 hole matches (8:30, 11:00, 1:30).
- Lunch will be served after the 11:00 session.
- Women will have two 9 hole rounds at 11:00 & 1:30 (Best Ball).

## Sunday, October 8th

- 8:30 tee off. Driving range will open at 7am. Please arrive by 8am.
- Two 9 hole matches for Men & Women (Shotgun at 8:30 & 11:00)
- 1:30 pm: Shootout among flight winners (Men).
- 2:30pm: Cookout, Prizes, & Awards.







# Event Information

## Men

**\$200 Entry Fee (per person)**

- Practice round Friday (including cart)
- Five 9 hole tournament matches (includes cart)
- Tee gifts, prizes, & optional calcutta
- Non-Alcoholic beverages during tournament play.
- Cocktail Party Friday Night (spouses welcome)
- Optional Friday Night Dinner (reservation required & bill not included in entry fee)
- Fruit available all day Saturday & cold cut lunch after the second round.
- Fruit available all day Sunday & a full sit down dinner after the playoff.
- The first 36 teams that sign up will fill the 6 flights. Additional flights will be added if necessary.

\*Men must select which tees they wish to play from during sign-up. White, green, blue, or black... To play from the gold, age + HCP index must be equal to or greater than 80.\*



# Event Information Women

\$200 Entry Fee (per person)

- Practice round Friday (including cart)
- 36 holes of tournament golf October 7th & 8th (includes cart)
- Tee gifts & Prizes
- Non-Alcoholic beverages during tournament play.
- Cocktail Party Friday Night (spouses welcome)
- Optional Friday Night Dinner (reservation required & bill not included in entry fee)
- Fruit available all day Saturday & cold cut lunch after the second round.
- Fruit available all day Sunday & a full sit down dinner after the playoff.

\*All women will play from the red tees.\*



# Format

## Men



- The maximum handicap difference between partners is 12. If partners have a larger differential than that, the higher handicap will be brought down to where handicaps are just 12 strokes different.
- Flighted by combined handicap.
- 6 teams per flight.
- Each team will play all of the other teams in their flight.
- Five 9 hole matches of Best Ball. Each player plays their own ball with their course handicap. The best net score of the two balls is the score for the hole.
- Each match awards 10 points. 1pt for each hole won, 1/2 pt for a hole tied, and 1 pt for the match winner.
- The team with the highest point total wins the flight.
- Each flight winner will compete in the shootout to decide the Overall Champion.

## Women



- The maximum handicap difference between partners is 12. If partners have a larger differential than that, the higher handicap will be brought down to where handicaps are just 12 strokes different.
- Saturday is 18 hole best ball. Both players play their own ball, and the low score on each hole is what will be used.
- Sunday is an 18 hole scramble. Use the preferred shot from the 2 players until the ball is holed.



## Terri's Tips!

### The Pesky Beach! (Bunker Play)

With all this hot summer time weather, I hope many of you have been to our beautiful beaches—just stay away from the white sand on the golf course! If you can't, then the information below will help you!

I know many of you struggle with sand shots / bunker play. It can be difficult if you have no clue how the club interacts with the sand and how it helps the ball out of the bunker!

I hope this article can shed some light on it and help you at least get the ball out and somewhere onto the green.

Number one rule: when in the bunker, get the ball out on your first try! It does not have to be pretty! It just must be out.

The sand wedge was made to interact with the sand. The bottom of the club, the bounce, is especially important when executing this shot. The pictures below will show you the bounce and how it should be set before you make your swing.



For your set up, the ball position should be middle or just slightly left of center. Set the club as the third picture above. The face of the club should be facing upwards, towards the sky. Setting the face like this will ensure the bounce is set and ready to do its job! More weight should be set into your left, or front knee. This should not change during the execution. This will help the club enter the sand at the appropriate point.

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## Terri's Tips! (continued from page 18)



A full swing with a good amount of wrist hinge is especially important to develop speed. Sometimes I say it is one of the easiest shots in golf as you don't have to hit the ball! The club will enter the sand using the bounce, the sand will then push the ball out.

Picture above shows sand between club and ball. This is the reason why you need a good amount of swing and speed when executing this shot. If your swing is too short and too slow, more than likely the ball will stay in the sand.

I hope this helps. If you have any questions, please don't hesitate to contact me at [tmigliaccio@carolinacolours.com](mailto:tmigliaccio@carolinacolours.com)

## Par for the Course—Peter Eckle

This month we're going to depart from some of the rule situations and focus on a couple of areas that when handled properly will improve the condition of the golf course and also your game.



Golfers love to make ball marks on the green because it usually means a good shot was made and even better if it's a green in regulation.



[https://www.youtube.com/watch?v=LXH\\_stsdH4E](https://www.youtube.com/watch?v=LXH_stsdH4E)

It's the golfer's responsibility to repair the mark, but it has to be done correctly for it to heal properly. Highlight, copy, and paste in your browser the link below the picture for a brief video that explains how to repair the mark properly.

Now that you see how it should be done, don't hesitate to point out to a playing partner that may not be doing it right, how it should be done.



Then look for at least one more pitch mark to fix, that someone may have overlooked.

Divots are another condition that we are used to addressing while playing, but what about when we're on the range?

On the range, there is a preferred way to create divots so when they are filled the grass has a better chance of growing in and filling out more rapidly.

The picture to the left shows a pattern you should strive for. Oh, and don't forget to fill them, the Superintendent will thank you.



## Military Day!



Active military & all first responders may play Monday through Thursday for \$40

Friday, Saturday, & Sunday for \$45

Retired military may play on Monday and Thursday for \$40

Join us in showing respect for our nation's heroes by wearing red on Friday!

### **Ken Gerhardt**

General Manager

[kgerhardt@carolinacolours.com](mailto:kgerhardt@carolinacolours.com)

### **Terri Migliaccio**

Class A Pro/Director of Player Development

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### **Jim Ferree**

Class A Golf Pro

[jferree@carolinacolours.com](mailto:jferree@carolinacolours.com)

### **Josh Purvis**

Golf Course Superintendent

[jpurvis@carolinacolours.com](mailto:jpurvis@carolinacolours.com)

## September

## Hours of Operation

### **Pro Shop**

Mon 9:30 am–6:00 pm

Tues–Sun 7:00 am– 6:00 pm

### **Driving Range (must check in with Pro Shop prior to 5:00pm)**

Mon 9:00 am–6:00 pm

Tues–Sun 7:00 am– 6:00 pm

## **Carolina Colours Ladies Golf Association (LGA )**

The dog days of summer continue. The heat, humidity and unpredictable showers have impacted everyone. As we would expect, there is a core group of hearty souls out there week after week and we salute them. Beyond LGA days many are out there giving it their all on weekends as well. Two of our members had great accomplishments this past week.

Sarah Metzbower had her lowest round ever with a 92; and our very own LGA president Cheryl Yadach had a hole-in-one on hole #2 as well as her lowest round ever of 86!!! The new clubs must be working well for both Sarah and Cheryl. While both star performances were not on LGA days, it does not diminish the accomplishment. Bravo ladies. We all celebrate your achievements.

It has not been quiet or slow regarding the continued planning for our Pretty in Pink fundraising golf tournament to be held Monday, October 2nd. Amy and Tamara, along with their capable and talented committee chairs, continue to work furiously to make 2023 the best event yet. As of this date registration of 108 golfers, representing 14 different area courses, is closed. However, do not despair if you have not registered. A wait list is being kept as we have learned from experience there are always cancellations.

So, if you want to golf but have not registered, contact Tamara Paquee to complete the process of being put on the wait list. Numerous other opportunities exist for individuals to help with the event. Please reach out to one of the chairpersons for available slots to fill. This event is only successful with the help of the entire community, not just golfers.

The month of September will include our next Surprise Scramble Nine and Wine on the 14th. Our theme for this scramble is Beach Party. Golf will be followed by our social. Members are encouraged to invite a guest to golf and join us for our social. We are always looking to increase our membership and this is one of the events that helps us do that.

## **Carolina Colours Men's Golf Association (MGA)**

Our membership remains at 83; however, we are hopeful of adding a few more members in the near term. We have had great turnouts for our Wednesday and Friday games despite the heat and humidity.

On Tuesday August 8th, we sent 20 golfers to Cutter Creek in Goldsboro and a great time was had by all. Everyone loved the course. Our next road trip will be to Harbour Pointe in Fairfield Harbour on Thursday September 7th.

Please note that hole-in-one insurance can still be purchased. As a reminder, the insurance is \$10 for Wednesday and \$10 for Friday, and can be purchased through any of the MGA Board members or the Pro Shop. There is \$1,130 up for grabs for a hole-in-one on Wednesday and \$530 on Friday.

As a reminder, The Board has decided to allow anyone who qualifies to play from the gold tees to play from the purple tees if they wish. Therefore, if you are 65 years old or 60 and your age plus handicap is at least 80, you may play from either the gold or purple tees. Your handicap would be adjusted accordingly.

The MGA will be supporting the Pretty in Pink Ladies Invitational on October 2nd by providing the following volunteers: 6 men to move golf bags from the cars to carts, 6 men to serve lunch, and 2 men for the bar cart. Please let someone on the Board know if you are available to help out. An email will be sent the first week of September requesting volunteers.

### **September Wednesday's games are:**

- 9/6/2023 ABCD Modified Stableford (2 low net for points)—4 pts for net eagle, 3 pts for net birdie, 2 pts for net par. -1 pt. for net bogey, -2 pts for net double bogey, -3 pts for net triple bogey
- 9/13/2023 ABCD In flight, low net—everyone plays with players from their own flight
- 9/20/2023 ABCD Four-man best ball—one low individual net score per team
- 9/27/2023 ABCD Four man 1,2,3—3 low net scores on par 5's, 2 on par 4's and 1 on par 3's



## CHEF's CORNER

### Apple Crisp Cheesecake

Apple Crisp Cheesecake Bread is an easy fall baking recipe for super moist, cake-like, homemade bread packed with apple chunks, smooth cream cheese filling, and irresistible crisp topping. Although it is called bread, it tastes like a delicious cake baked in a loaf pan.

Why You'll Love This Apple Bread Recipe with Cream Cheese Filling:

- ✓ Delicious, fall comfort food loaded with warm spices
- ✓ The perfect excuse to eat dessert for breakfast
- ✓ Great for snacks, breakfast, & very satisfying fall dessert
- ✓ Smells wonderful while it bakes- cinnamon and apples will warm your home
- ✓ Easy to make
- ✓ Buttery and extra moist
- ✓ It tastes even better on day 2 if lasts that long!



### Ingredients

#### Crisp Topping

- 1/3 cup all-purpose flour
- 1/3 cup quick cooking oats
- 1/3 cup light brown sugar
- 3/4 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 3 Tablespoons unsalted butter-melted

#### Cinnamon-sugar

- 3 Tablespoons light brown sugar
- 3/4 teaspoons ground cinnamon

#### Apples

- 2 medium apples (Granny Smith, Gala...) -peeled & diced in 1/2 pieces
- 2 Tablespoons granulated sugar
- 1 teaspoon ground cinnamon

*Continued on page 25*

## Colours Café

*Opened*

*Monday 11 am-3 pm*

*Tuesday 11 am--3 pm*

*Tuesday Dinner 5 to 7 pm*

*Wednesday to Sunday  
11 am to 4pm*

Made-to-order sandwiches and a side or salad

Call in your order from the course (look for the sign near the 9th tee box) and pick up your order when you make the turn.

You may charge your order to your Golf Club membership account.

Otherwise, cash or credit cards only.

## Sports Bar

*Opened*

*Monday 11 am to 3 pm*

*Tuesday 11:00 am to  
7:30 pm*

*Wednesday—Sunday  
11:00 am-4:00 pm*

*252-772-7022 ext 4*

Colours Café

Sports Bar

at



## CHEF's CORNER (continued from page 24)

### Bread

1 1/2 cups all-purpose flour  
1 1/2 teaspoons baking powder  
1/2 teaspoon salt  
1/2 cup unsalted butter room temperature  
2/3 cup sugar  
2 eggs-room temperature  
1 1/2 teaspoon vanilla extract  
1/2 cup milk

### Cheesecake Filling

8 oz. brick-style cream cheese-room temperature  
1/3 cup granulated sugar  
3 Tablespoons all-purpose flour  
1 teaspoon vanilla  
1 egg

### Glaze

3/4 cup powdered sugar  
2 Tablespoons milk or creme  
1/2 teaspoon vanilla extract

### Instructions

Grease a 9 x 5-inch loaf pan with baking spray, and line it with parchment paper leaving a large overhang on the sides so you could easily lift the bread from the pan. Adjust the oven rack just below the center (to the lower third position) and preheat the oven to 350 F.

#### To make the crisp topping

- In a bowl stir together all-purpose flour, quick-cooking oats, light brown sugar, cinnamon, and nutmeg. Add melted butter and whisk with a fork until evenly moistened, then place in the fridge until ready to use.

#### To make cinnamon sugar

- In a small bowl mix 3/4 teaspoon of ground cinnamon and 3 Tablespoons brown sugar, and set aside.
- Peel and dice apples in small 1/2-inch chunks, set aside, too.

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## CHEF's CORNER (continued from page 25)

### For the bread

- Beat room temperature butter with sugar and vanilla extract. Add eggs and mix to combine. Add the mixture of dry ingredients (flour, salt, and baking powder) and mix to combine. Slowly pour in the milk and mix just to combine. Scrape down the bowl with a rubber spatula to make sure there are no lumps remaining.

### To make the cheesecake filling

- Mix together softened cream cheese with sugar, flour, and vanilla. Add egg and mix just to combine, set aside.
- Toss apples with cinnamon and 2 Tablespoon granulated sugar, and set aside.

### **Assembling**

1. Spread half of the batter in the prepared pan, scatter half of the apple mixture, and sprinkle with the cinnamon sugar mixture.
2. Spoon the cheesecake mixture over the apples and gently spread using the back of the spoon. Don't go all the way to the edges of the pan.
3. Next, spoon the remaining bread batter and gently smooth the top. Scatter the remaining apples and sprinkle with the crisp topping.
4. Bake in preheated oven for about 55-70 minutes, or until the toothpick inserted in the center comes out clean. This is a heavy loaf full of apples, so if your bread takes longer, that's OK. Just tent it with aluminum foil after 30-40 minutes to prevent the top from browning too much.
5. Remove from the oven and cool for 20-30 minutes in the pan set on a cooling rack. Then using the paper overhang lift the bread from the pan.
6. To make the glaze: stir powdered sugar, milk (or creme), and vanilla. Drizzle over cooled bread.