



CAROLINA COLOURS
GOLF CLUB

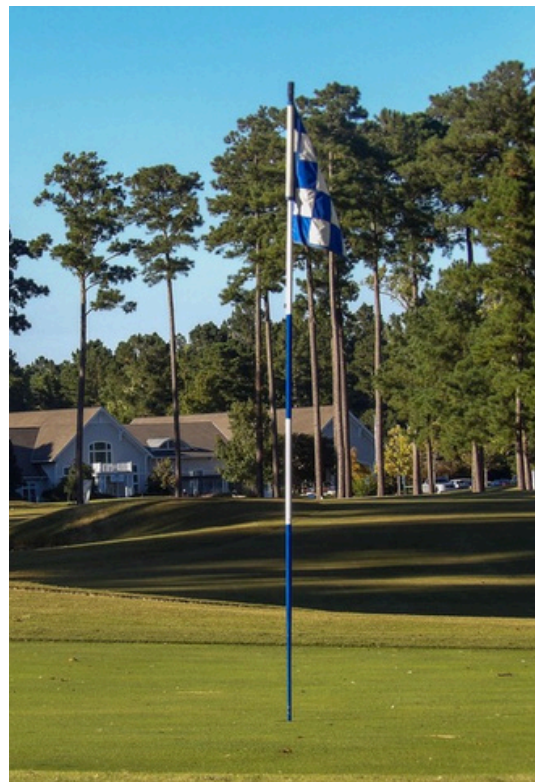


Tee Times

Vol. 16, Issue VII
July 2026

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July
Hours of Operation
Pro Shop
Mon 9:00 am–6:00 pm
Tues–Sun 6:30 am– 6:00 pm



From the Director of Golf

Johnny Belskis, PGA



July 2026

Just like that we are right in the middle of the season! It is amazing how fast this year has gone by. The golf course is in outstanding condition and we are ready for another great month at CCGC. There is a lot going on at the club over the next few months so please be sure to read the entire newsletter to stay up to date!

Membership

We made several fantastic additions to our membership this past month. As of today we are up to 195 members! Just last year when we moved over to the new Golf Shop we had 154 members. It's a great time to be at Carolina Colours!

If you have any friends that you think would enjoy the member experience at CCGC, I'd encourage you to bring them over so they can see what we are all about.

Below are the names of new members that joined since last months newsletter. Please Join me in welcoming them to Carolina Colours!

Daniel Looney

Rob Moleta

Peter & Kate Brown

Phil & Tessa Dunn

Ron Eure

Mark Bandjough

Susan Dinnien

Scott Overbey

Ron Graves

Brian May

Dave Giardini

Thom Cogger

The Galang Family
(Brandon, Chessca, Jake, & James)

Gary Bryan

Eddie & Lisa Teachey

John Wilson

Chris Hoyle

Ted Davis

Josh Overby

From the Director of Golf (cont.)

Youth Camp

In June we held our first ever youth golf camp at Carolina Colours. With 34 junior golfers in attendance, it was a fun and productive week allowing the kids to get a great introduction to the game we all love. The future of the game is in good hands!



Star Performers in June

Joe Toth- Career low 79

Carol Halbig- Career low 98

Tricia Dietz- Broke 100

Peter Mnatzakanian- Career low 77 (with an eagle on #3)

Rich Yadach- Career low 72

Henry Rousseau- Career low (at CCGC) 89

Kim Reinecke- Hole-in-one on #16

Sandy Berberich- Eagle on #8

Great playing!

From the Director of Golf (cont.)

Golf Shop Inventory

Throughout the course of the year we have exceeded our projected sales in the golf shop in just about every category by wide margins. While that is obviously a positive, our current inventory is much slimmer than we would like. I just wanted to let you all know that I have made additional orders to supplement our stock and it will be back to normal soon. You can expect to see new merchandise from Bald Head Blues, Foot Joy, Pukka, Live Forever Golf, and more over the next few weeks.

Friday Red Winners

6/5- Bob Dofner

6/12- John Belskis

6/19- Ed Harrison

6/26- Mike Cheek

July Calendar

The July Calendar is included on the next page. Be sure to check it out so that you can be aware of everything going on this next month. Also, just a reminder that Member-Guest is October 3rd & 4th, so now would be a good time to start making arrangements with your guests.

Let's have a great month!

Johnny Belskis, PGA
Director of Golf

July 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1 MGA 8:30am Tournament Committee 3pm	2 LGA 8:30am	3 MGA 8:30am	4 4 th of July  Flag Tournament (tee times)	5
6 PRIDE 7:30AM ENCJGL 3pm Shotgun Front 9 only	7 LGA 8:30am	8 MGA 8:30am	9 LGA 8:30am	10 MGA 8:30am	11	12 Pro's Choice Couples Event 4pm Shotgun Front 9
13 PRIDE 7:30AM	14 LGA 8:30am	15 MGA 8:30am Golf Advisory Board 4PM	16 LGA 8:30am	17 MGA 8:30am	18	19
20 VGA Tournament 9am Shotgun	21 LGA 8:30am	22 MGA 8:30am	23 LGA 8:30AM	24 MGA 8:30am	25	26
27 PRIDE 7:30AM	28 LGA 8:30am	29 MGA 8:30am	30 LGA 8:30AM	31 MGA 8:30am		

From the Superintendent

Shelby Choate



Newsletter July 2026

June showers brought July flowers this year! As usual the Maintenance staff has been busy on the course. Aerification went well in June, and we are gearing up for a long hot summer it seems. Greens are doing well thus far, and we will continue to do our best to ensure we have a great summer ahead.

As many of you have seen, fans are now on the course cooling our soil temperatures down on our 5 problematic greens. Fans are incredibly important for our greens due to high heat and humidity in our ENC climate. The fans can cool the putting surface by 10 degrees! And can help cool soil temperatures by 4-6 degrees! These degree drops sound like its not worth the gasoline required to keep them running, but for the grass it can be the difference between life or death. When humidity and heat both rises, the fans break up the humid stagnant microclimate hovering above the grass and can help the grass transpire the moisture stress more efficiently. Our most important need for the fans is to help the putting greens dry down after irrigation or rain to avoid fungal induced diseases like pythium and algae. We are still in a severe drought, and we are doing our best to keep our entire course healthy and green while being mindful of water usage.

From the Superintendent (cont.)

June, July and August are often referred to as "survival season" for bentgrass in our region. While golfers naturally focus on green speed, our primary objective during this period is maintaining healthy, resilient turf. There may be days when the greens are slightly softer or a touch slower than they are during the spring or fall. These adjustments are intentional and allow us to protect the plant from the stresses of prolonged heat, high humidity, and frequent afternoon thunderstorms. By making small changes now, we can avoid larger problems later in the season.

You'll also continue to see our staff hand watering throughout the day. Even with a modern irrigation system, no two greens—or even two areas of the same green—require the exact same amount of water. Hand watering allows us to target localized dry spots while avoiding excessive moisture across the rest of the putting surface. This practice promotes healthier roots, firmer conditions, and reduces the likelihood of disease. As always, we ask for your patience when you encounter the maintenance staff on the course. A few moments of patience allows us to complete our work safely and efficiently while ensuring the best conditions possible for everyone.

Lets have a great summer!

Shelby Choate, Golf Course Superintendent

Terri's Tips!

Terri Migliaccio, PGA
Director of Player Development



SUMMER TIME AND THE SWINGING

Golf can be one of the most enjoyable sports during the hot summer months. Warm temperatures help keep muscles loose and flexible, making it feel easier to swing the golf club with a smooth, natural motion. Unlike colder weather, where stiffness can limit movement, summer conditions often allow golfers to achieve a more relaxed and comfortable swing. As a result, many players find it easier to maintain good rhythm and generate consistent club head speed.

I have noticed some players having the best rounds and the lowest rounds of their golf - and also some great scores on our pesky third hole!!!

The warmth of summer also encourages golfers to spend more time practicing and playing. Longer daylight hours provide additional opportunities to visit the driving range or enjoy a full round after work. With regular practice, golfers become more confident in their swing mechanics, and the repetition helps build muscle memory. This increased familiarity with the swing often leads to better ball striking and improved overall performance.

Although swinging the club may feel easier in the heat, staying properly hydrated is essential. Drinking plenty of water before, during, and after a round helps prevent fatigue and keeps both the body and mind functioning at their best. Wearing lightweight, breathable clothing and using sunscreen can also improve comfort, allowing golfers to focus on their swing instead of the weather.

Terri's Tips! (cont.)

Another benefit of summer golf is the confidence that comes from favorable course conditions. Fairways are typically firm, greens are well maintained, and golf balls often travel farther in the warm air. These conditions can make the game feel more rewarding, encouraging golfers to swing freely without unnecessary tension. A relaxed mindset often leads to smoother, more controlled swings.

In the end, while hot summer weather requires golfers to take precautions against the heat, it also offers many advantages for developing an easy, fluid golf swing. Warm muscles, increased practice opportunities, and enjoyable course conditions all contribute to a more effortless motion. By staying hydrated, dressing appropriately, and maintaining a relaxed approach, golfers can make the most of the summer season and enjoy swinging the club with confidence and ease

Stay hydrated , play in early morning or late morning , later in the afternoon and let's take advantage of how easy it is to swing in our summer time heat!

Terri Migliaccio, PGA
Director of Player Development

Member Tournament Calendar 2026

DATE	TOURNAMENT	START TIME
SUN, FEBRUARY 1	CHILI BOWL SCRAMBLE	12 PM SHOTGUN (FOOD)
SUN, FEBRUARY 22	THREE CLUB EVENT	12 PM SHOTGUN (FOOD)
SUN, MARCH 8	DICE GAME	9 AM SHOTGUN (FOOD)
SUN, MARCH 15	COUPLES EVENT	3 PM SHOTGUN (9-HOLES)
MON-TUES, MARCH 16-17	AERIFYING GREENS	COURSE CLOSED
SAT-SUN, APRIL 11-12	PLAY WITH A MASTERS PRO	TEE TIMES
SUN, APRIL 19	COUPLES EVENT	2 PM SHOTGUN (9-HOLES)
MON, MAY 18	HEAVEN & HELL	9 AM SHOTGUN (FOOD)
SAT-SUN, MAY 30-31	MEMBER-MEMBER	8:30 AM SHOTGUN (FOOD)
SUN, JUNE 14	COUPLES EVENT	2 PM SHOTGUN (18-HOLES)
TUES, JUNE 23	AERIFYING GREENS	COURSE CLOSED
SAT, JULY 4	FLAG TOURNAMENT	TEE TIMES
SUN, JULY 12	COUPLES EVENT	4 PM SHOTGUN (9-HOLES)
SUN, AUGUST 9	COUPLES EVENT	3 PM SHOTGUN (9-HOLES)
SAT, AUGUST 22	SATURDAY SKINS	TEE TIMES
FRI, AUGUST 28	NINE & DINE	3 PM SHOTGUN
TUES-WEDS, SEPTEMBER 1-2	AERIFYING GREENS	COURSE CLOSED
SUN, SEPTEMBER 13	GENESIS OF NEW BERN CUP	SHOTGUN START
SUN, SEPTEMBER 20	RYDER CUP	8:30 AM SHOTGUN
SAT-SUN, OCTOBER 3-4	MEMBER-GUEST	8:30 AM SHOTGUN (FOOD)
SUN, OCTOBER 11	COUPLES EVENT	1 PM SHOTGUN (18-HOLES)
SAT-SUN, OCTOBER 17-18	CLUB CHAMPIONSHIP	8 AM TEE TIMES (FOOD)
MON, NOVEMBER 2	EQUITY GOLF TOURNAMENT	9 AM SHOTGUN
MON, NOVEMBER 9	PRIDE APPRECIATION	9 AM SHOTGUN
SUN, NOVEMBER 15	COUPLES EVENT	2 PM SHOTGUN (9-HOLES)

CCGC
MEMBER
EVENT



CAROLINA COLOURS
GOLF CLUB

Flag Tournament

Saturday
July 4th



\$5
Entry Fee

Book a tee time for July 4th

When you check in, inform the Pro Shop that you are playing in the
Flag Tournament & pay your \$5 entry fee

When you make the turn, stop by the pro shop to pick up your flag

*Rules Sheets will be provided by the pro shop
outlining the tournament format*

CCGC
Member
Event

Pro's Choice Golf Tournament

Join us for an exciting day on the greens! Entry fee of \$15 includes a drink and snack. Limited to 48 players.



Sunday, July 12

9 Holes

4 p.m.

\$15 Entry Fee

Couples Event

Sign Up Period:
June 28 - July 9

**YOUR
GOLF PRO:**

Johnny Belskis

REGISTRATION OPTIONS:

SIGN UP AS A COUPLE, OR

SIGN UP AS A SINGLE AND PRO SHOP
WILL PAIR YOU WITH A PARTNER

LIMITED TO 48 PLAYERS

FOR MORE INFORMATION:

VISIT THE PRO SHOP

LIMITED SPOTS!

4th Annual Genesis of New Bern Cup



The 4th annual Genesis of New Bern Cup is set for Sunday September 13, 2026 and will be hosted at Carolina Colours Golf Club. This year the field will include teams from a total of 8 clubs with the addition of Beaufort Club and Ironwood CC. This will be an excellent opportunity for Carolina Colours GC to feature our course conditions and showcase our tournament hospitality to a wide audience of golfers in Eastern North Carolina.

If you have played in this event on the Carolina Colours GC team in the past, then you already know a little about the pride that comes with representing the club and competing in this event, not to mention the fun and camaraderie experienced. For the 2026 event, we are looking to hear from members that would like to be a part of the team. A recent change in the format, moving to best net scoring between 2 playing partners, should ease the pressure that normally comes with a tournament like this.

The entry fee for members is \$35, which includes a practice round, tournament round, tee gift, food & beverages post tournament, along with the chance to win a new Genesis if you get a hole in one on number 12. A logo'd team golf shirt from Bald Head Blues will also be made available at an exceptional price of \$40.

If you are interested in being on the team, I would like to hear from you. Email, text, or call me to let me know. The team is expected to be finalized by July 15. In the meantime, below is some detail about the event and the makeup of the teams. Be a part of the team that brings home the Genesis of New Bern Cup to Carolina Colours in 2026.

Competition & Schedule- Sept 13, 2026

Host Club: Carolina Colours GC

Range Opens: 7:30 am

Shotgun Start: 9:00 am

Rain Date: None. Play will be suspended or cancelled due to severe weather

Format: Pro- Gross Score

Amateurs- Stroke Play, Best Net Ball Per Hole, each 2 person pairing

Handicap: 80% USGA GHIN handicap

Handicap Max: Men 20, Women 30 USGA GHIN handicap index, verifiable

Team Makeup: Each team consists of 13 players

- 1 Pro (Blue tees)
- 4 Men (White tees)
- 4 Men 65+ (Gold)
- 4 Women (Red tees)

Maximum hole score: Double Par

Team Score Calculation: 1 gross score (pro), 6 net scores combined,

Winning Team: Team with the lowest combined 7 scores

Tie Break: 3 team members from each team compete in a shootout on hole 9, closest to pin wins. (1 white tee, 1 gold tee, 1 red tee)

Hole in One: Genesis of New Bern will provide a new Genesis for a hole in one on hole # 12.

Food & Beverages: Beverage cart with items available for donations on the course
Lunch/Beverages served immediately following tournament

Awards: New Bern Mayor Jeffrey Odam will award the Genesis of New Bern Cup to the winning team. Prizes for low gross, men & women
Winning team keeps the Cup until the next event and has the option to host if they have not previously hosted.

Ladies Golf Association

 **LGA: The Best Way to Spend a Sunny Day** 

June was a great month for the Tuesday and Thursday Girls! We began the month with 38 LGA members participating in the Member-Member tournament. The overall winners for the women were Cindy Teasdale and Sarah Metzbower. Congratulations Cindy and Sarah! The Alternate Shot format caused a bit of stress for many teams, but also caused quite a bit of laughter too!



Flight Winners—Karen & Yada, Cindy & Sarah,
Tamara & Marilyn



The Tuesday game on June 9 had the largest LGA attendance this season. Everyone wore black and white with only the longest and shortest holes counting for scores.



Ladies Golf Association

For our annual LGA-MGA Mixer on June 10, 21 LGA members paired up with 44 MGA members for an 18-hole scramble and lunch. Congratulations to the winning team—Carol Ackerson, Chet Anderson, Andy Townsend and Anne Phelps!

The LGA gained a new member in June. Let's extend a big Carolina welcome to Susan Dinnien! Susan, we look forward to seeing you on the course!



Kim Reinecke

★ June's Star Golfers ★

★ Kim Reinecke shot a hole-in-one on Hole #16! Congratulations Kim!!

★ Margie Hansen scored two poleys on the same day!

★ Sandy Berberich shot an eagle on Hole #8!



Celebrating Kim's hole-in-one!

Ladies Golf Association

What does it mean to be a “good golfer”? 😊

Here are a few things we can all do to make a difference—

- Stay calm. When you get frustrated (and who hasn't?), focus on staying calm and remember you are out there to have fun. Your frustration can interfere with your partner's game. So stay calm and swing on.
- Try to learn the rules as you play and adhere to them. It will make the game more fun and the rules can help you out of a bad situation.
- Play as much as much as you can. Reach out to a new member and ask her to join you.

☀ July 8:30 Start Time ☀

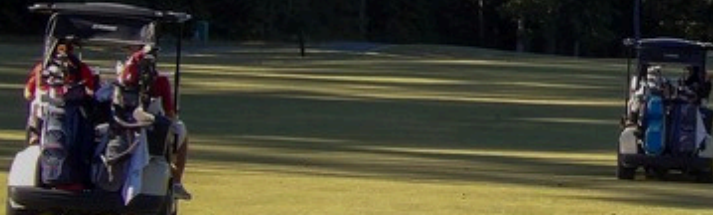
4th - CCGC Flag Tournament 🇺🇸
7th - Mystery Holes??
14th - Team Game - Best Gross Score and Best Net Score
15th - LGA Meeting - more details to follow
21st - Any Nine Mixed
28th - 18-hole Scramble

As July heats up—remember to stay hydrated, find the shade, and have a great time on the course with girlfriends. Hope to see you on the green!



Jody Wilham, artist

Men's Golf Association



Tee Times July 2026

Well, the warm temperatures of our summer months have arrived. Hot and humid weather and occasional, but limited, amounts of rain have the course looking and playing great. Kudos to Shelby and her staff for their continued efforts.

Through the first seven events in June, we have averaged 32 players in our Wednesday and Friday rounds. Including 44 MGA members who participated in the always fun LGA/MGA Mixer.

Our new 9-hole option on Fridays began on June 5th. We welcome back the players who have taken advantage of this option to get out and play! A friendly reminder, we have room for two foursomes, so if this option appeals to you, come out and enjoy a 9-hole round.

On June 23rd, 27 of our members took our monthly road trip. Each month we travel to a neighboring course for a fun filled, hopefully stress free, 18 holes. This month we played at the historic Kinston Country Club. Built in 1924, the course challenges you with tree lined fairways and smaller greens. Unfortunately, later in the round brought heavy rain. So, except for getting soaked with a couple holes to play, everyone had a good time. The staff at the Pro Shop and the Grille were very pleasant and welcoming. We look forward to playing there again.

Stay tuned for an email invitation from Mark Barre for July's "Away Game" at Star Hill, which will be Tuesday July 14. Thank you Mark for making those arrangements. With the addition of new member Dave Giardini, our membership now stands at 81. If you see Dave, please extend a warm MGA welcome.

Men's Golf Association (cont.)



If you are a Carolina Colours member and wish to join the MGA, please stop into the Pro Shop for an application, or see a board member.

Mid Year Luncheon, Wednesday July 8, after golf. Due to a scheduling conflict, we were asked if we could move this luncheon to the 8th. We were able to accommodate that request and as a thank you, Ken G. and Hannah will be buying your first beer. Thank you to them! Watch for two sign up invitations. One for the lunch and one for golf. Please remember to respond to both.

Upcoming events to watch for:

- Beer and Brats
- End Of Year Luncheon

Wednesday Games for July –

July 1 – Red Day – All players play from the Red Tees. 1 Low Gross, 2 Low Nets on each hole.

July 8 – Mid Year Luncheon Day. Four-Man “Texas” Scramble/Shamble. Use the best drive of the foursome, then all play your own ball until putted out; two low nets for team score. Three drives per player.

July 15 – Four-Man 3-2-1 ABCD. 3 low nets on par 3’s, 2 low nets on par 4’s, 1 low net on par 5’s

July 22 – Four Man Best Ball. Each player plays his own ball, one low net.

July 29 – Modified Stableford / ABCD; (2 low net for scores)

Kirkman's Café

Hours

Monday & Tuesday
11am-3pm

Wednesday-Sunday
11am-4pm

Tuesday Night Dinner's 5pm-7pm
(Every Tuesday in July)

Call in your order from the course
(look for the sign near the 9th
tee box) and pick up your order
when you make the turn

252-772-0200 Ext 1